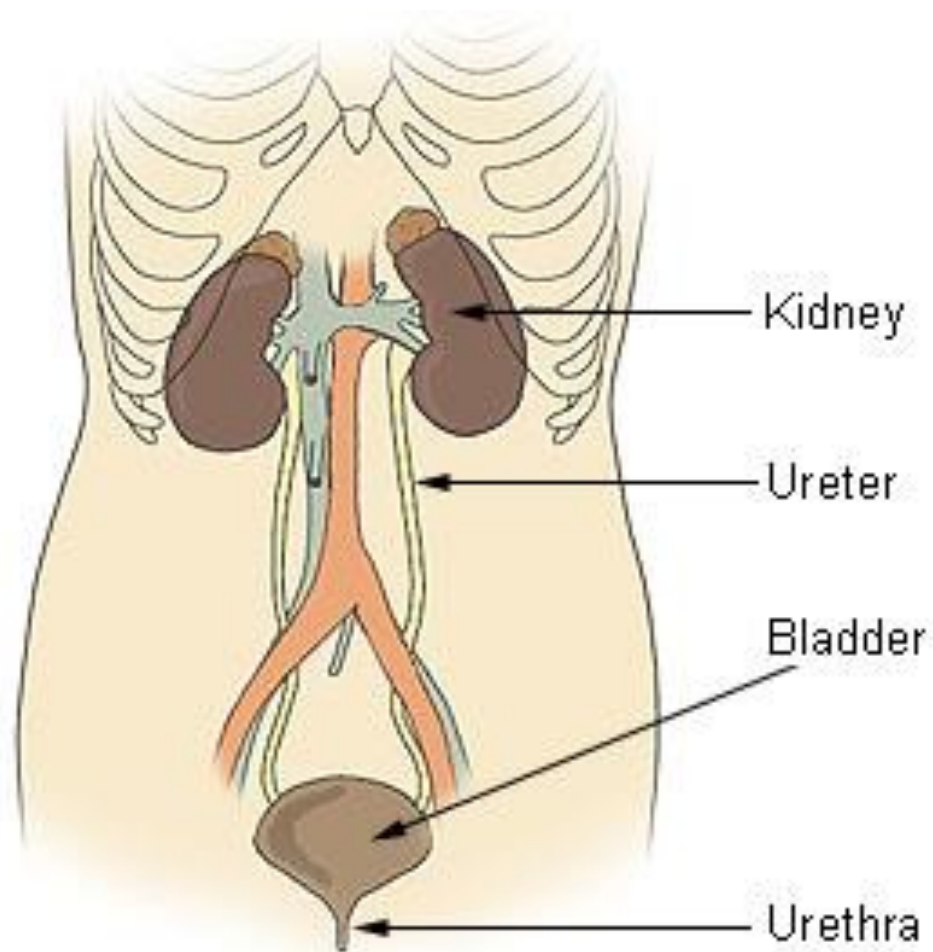
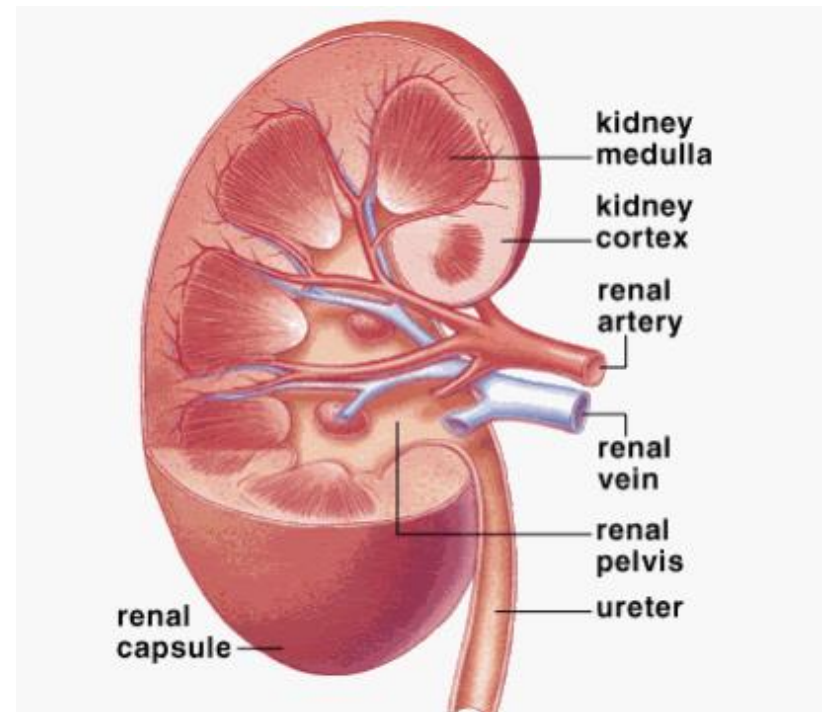


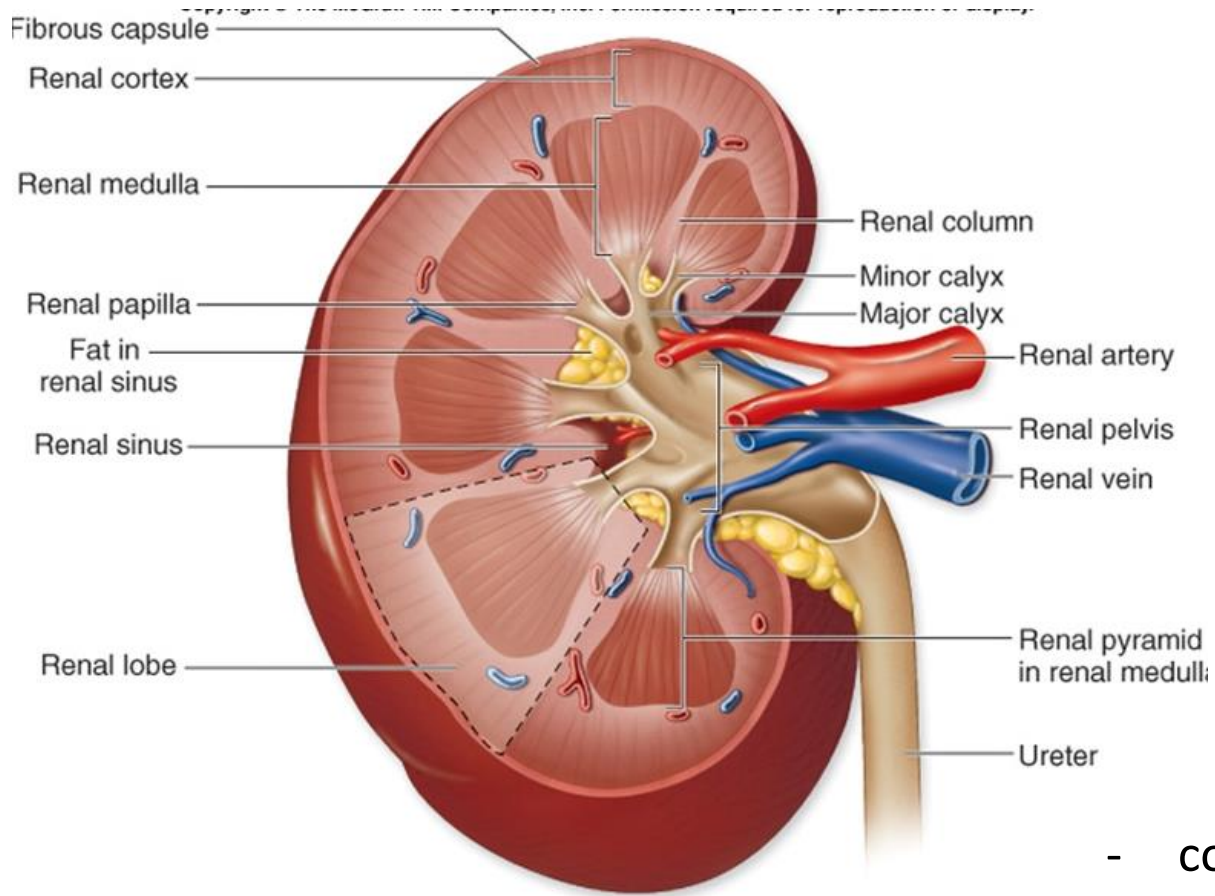
# URINARY SYSTEM



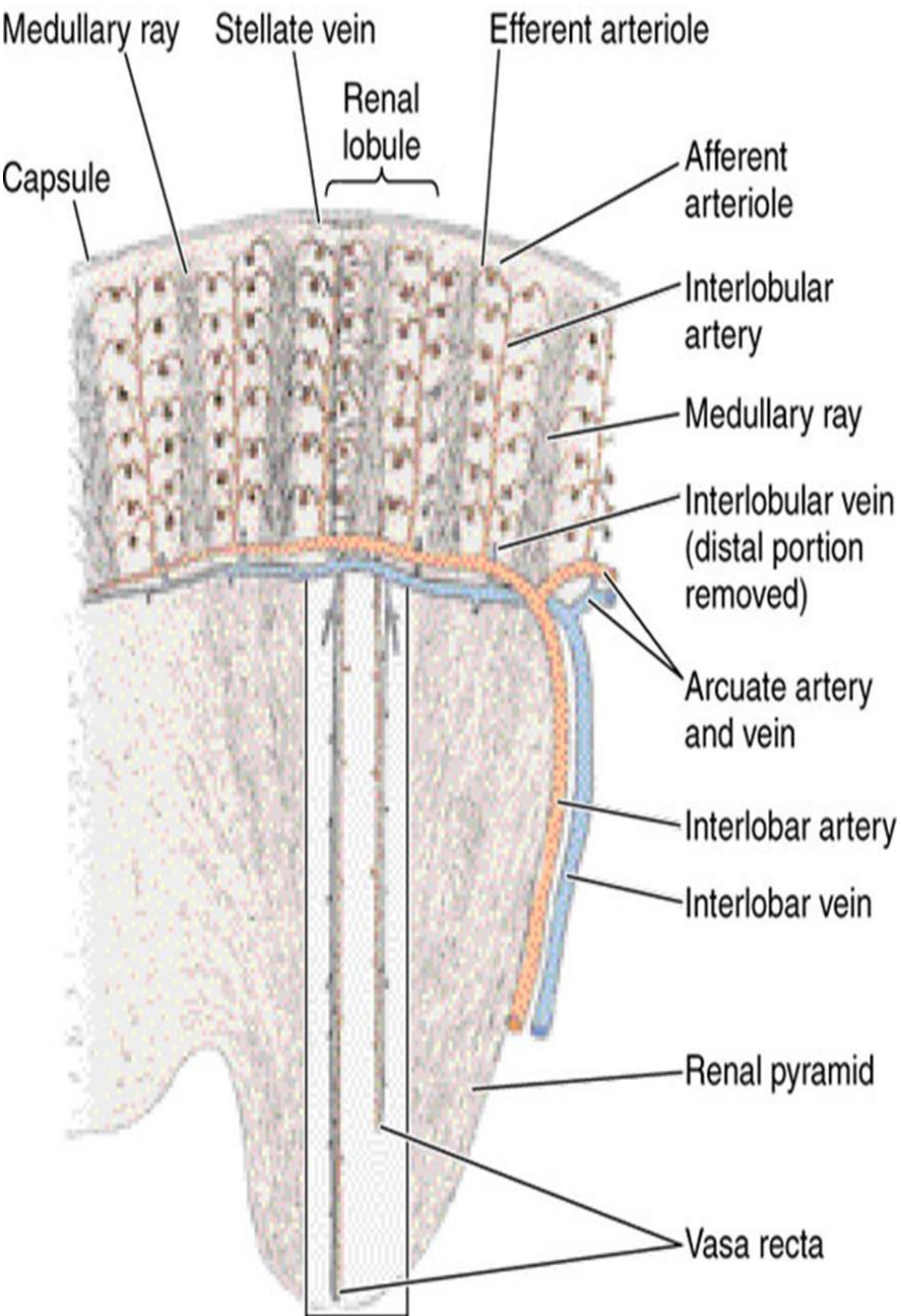
# FUNCTIONS

- ✓ formation of urine (elimination of metabolic waste products)
- ✓ regulation of fluid and electrolyte balance
- ✓ regulation of blood pressure
- ✓ synthesis and release of erythropoietin





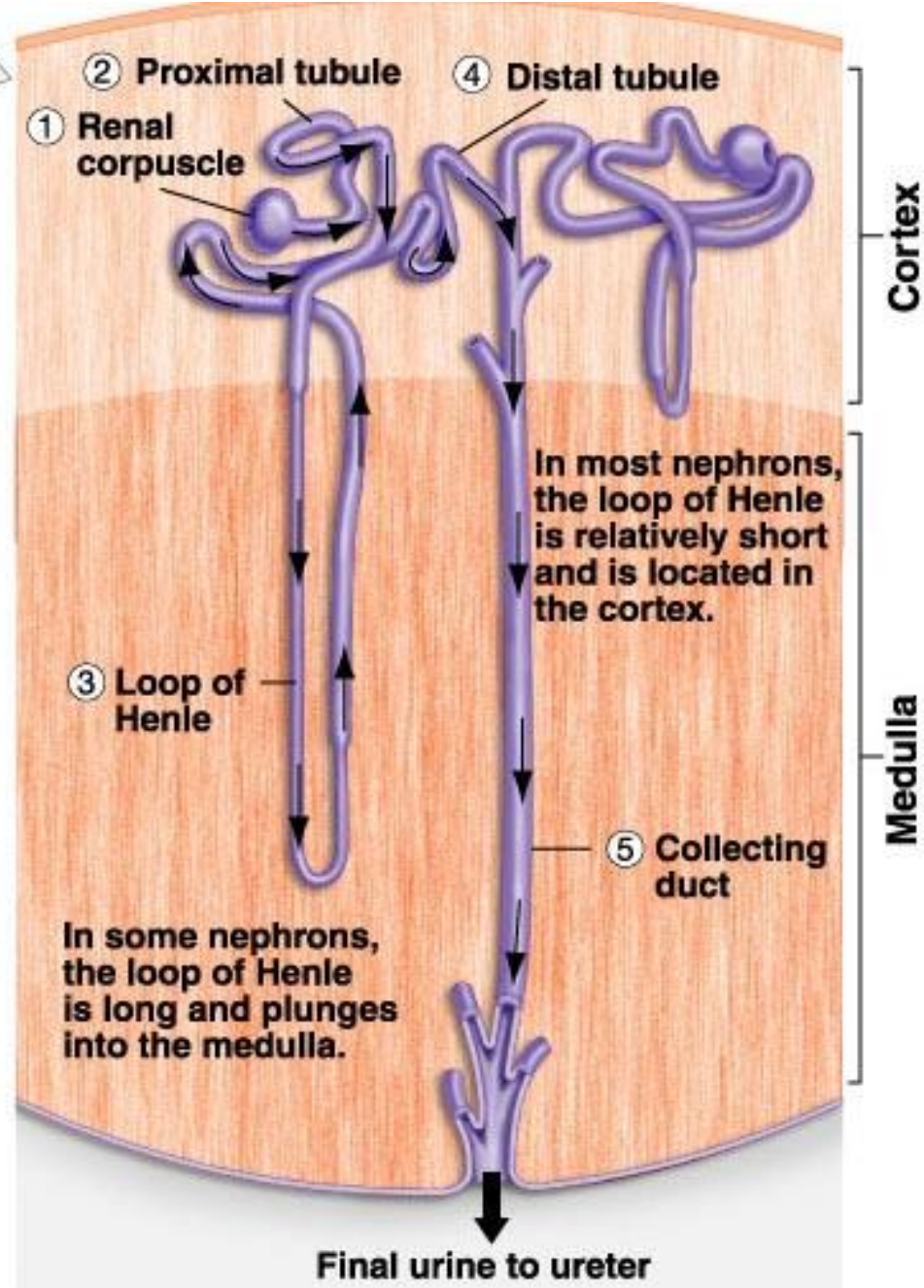
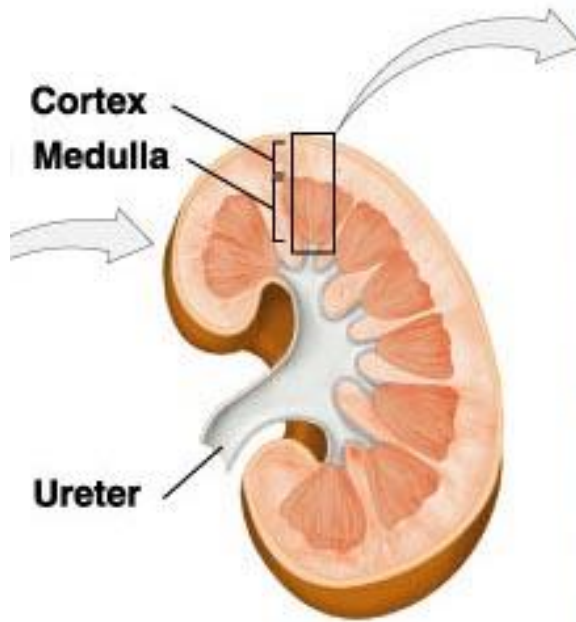
- connective tissue **capsule**
- is subdivided into an outer **cortex** and inner **medulla**
- **medulla** forms **renal pyramids (27 – 30)**



## Kidney - blood supply

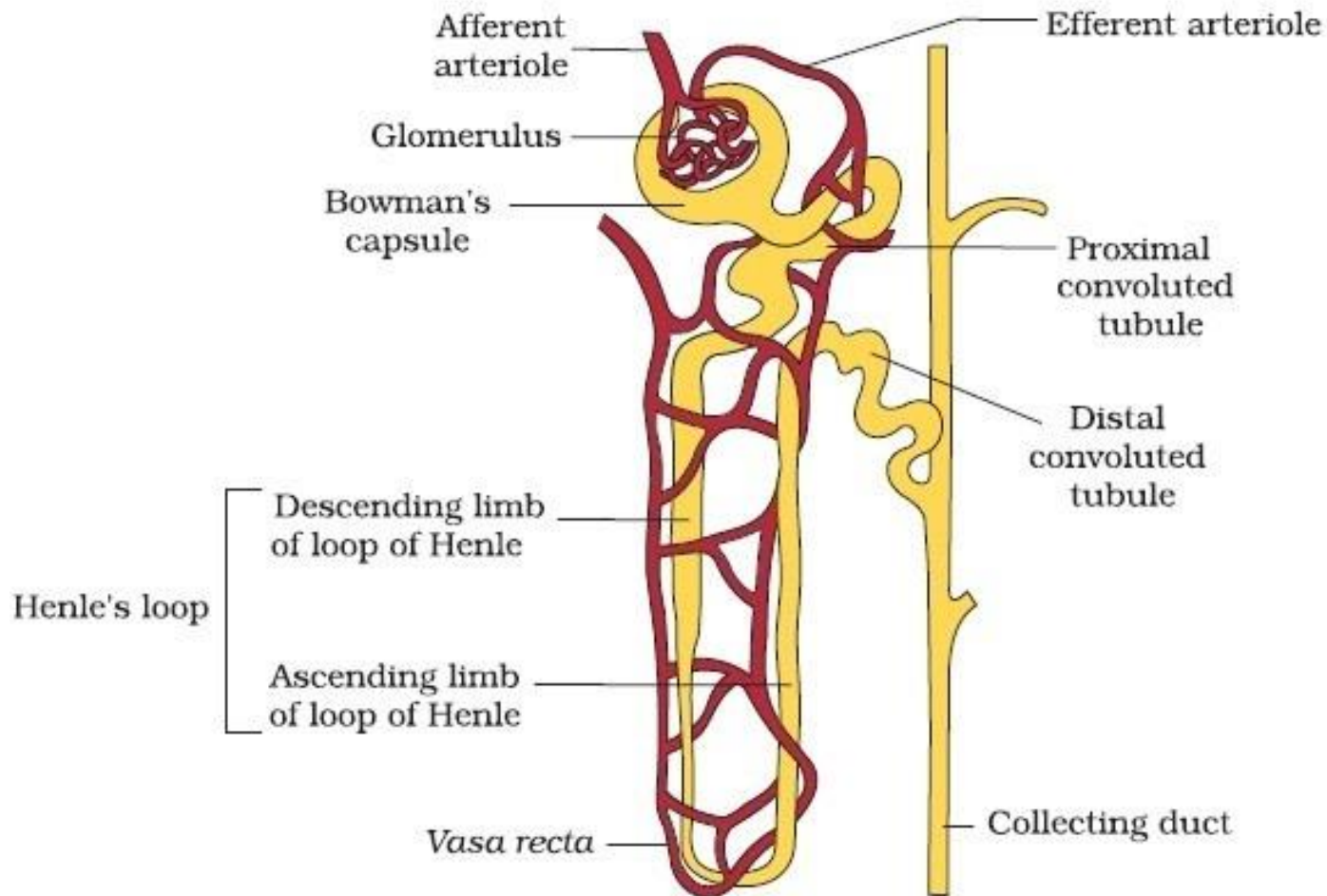
- receive blood from the **renal arteries**
- each renal artery branches into **segmental arteries**, dividing further into **interlobar arteries**
- the interlobar arteries supply blood to the **arcuate arteries** (run through the boundary of the cortex and the medulla).
- each arcuate artery supplies several **interlobular arteries** that feed into the **afferent arterioles** that supply the glomeruli
- the veins follow the same pattern





## Nephron

- each nephron is composed of **renal corpuscle, proximal tubule, loop of Henle and distal tubule**
- two types of nephrons:  
**Cortical nephrons**  
**Juxtamedullary nephrons**



- glomerulus is supplied by **afferent glomerular arteriole** and drained by **efferent glomerular arteriole**
- **efferent glomerular arteriole** of juxtamegullary nephrons branches off, enters the medulla, and surrounds the loop of Henle – form **vasa recta**
- **vasa recta** are necessary for the concentration of urine

# Renal corpuscle - Bowman's capsule

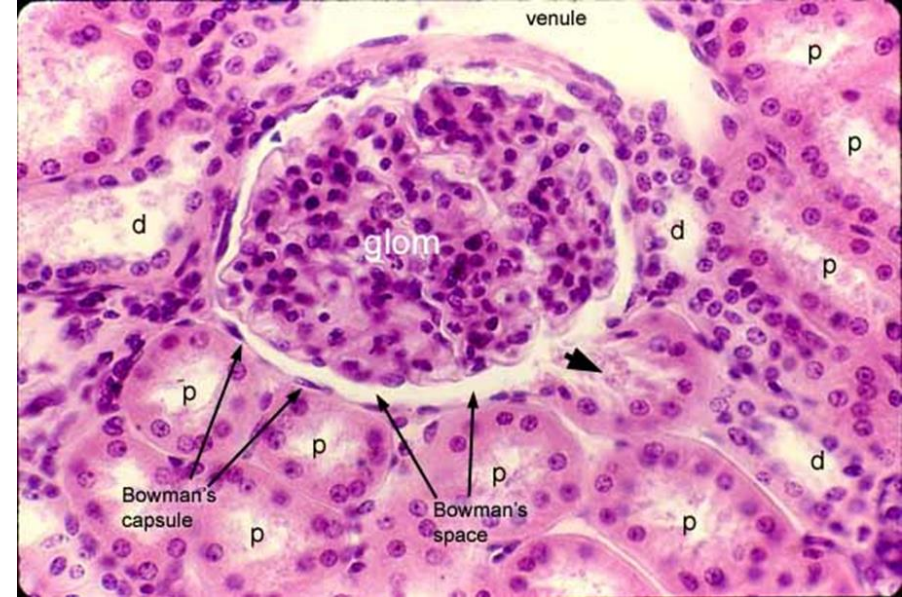
## Visceral layer of Bowman's capsule

- composed of modified epithelial cells - **podocytes**

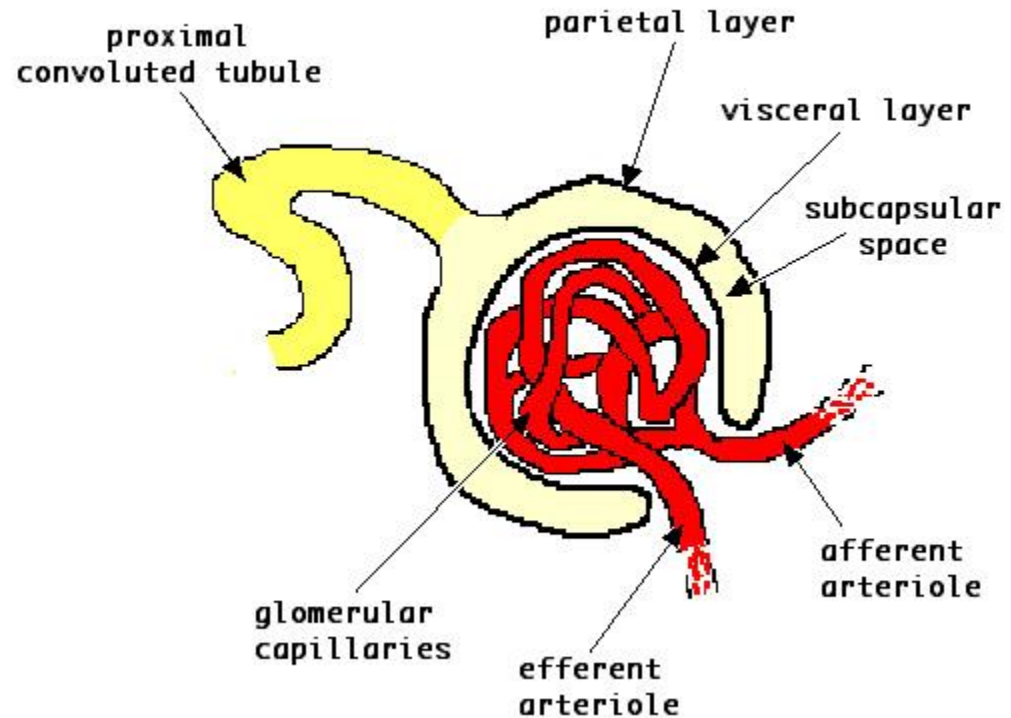
## Parietal layer of Bowman's capsule

- simple squamous epithelium

**Bowman's space** (urinary space) – between the visceral and parietal layers, of Bowman's capsule into which the filtrate enters after filtration.

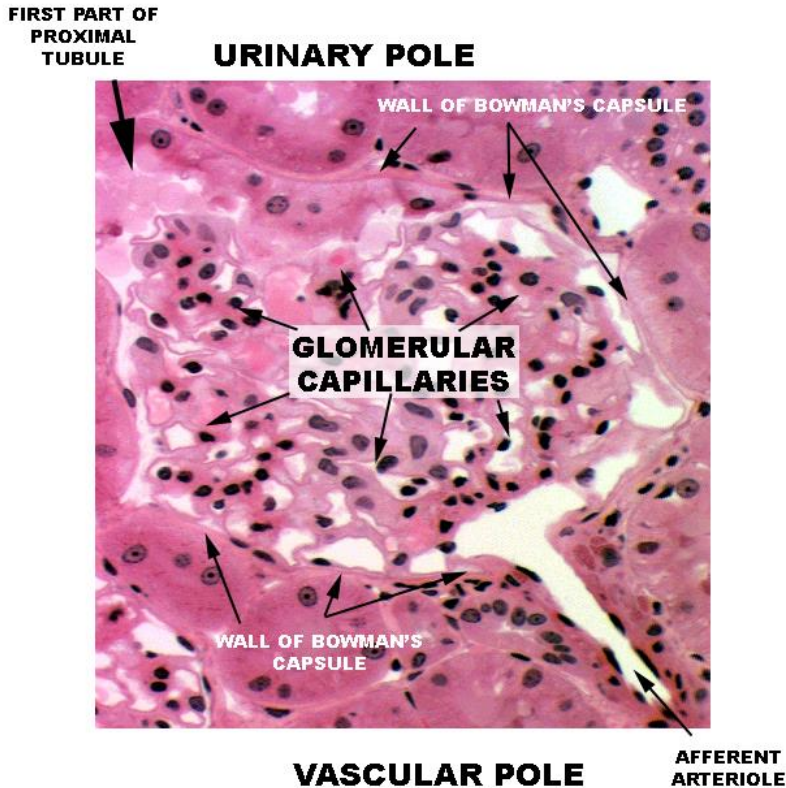
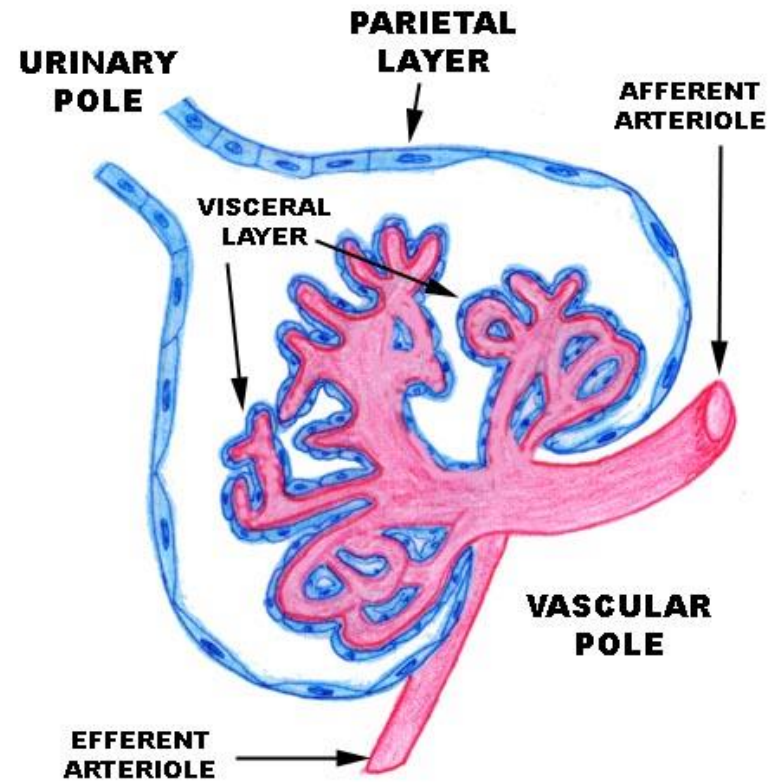


Bowman's capsule





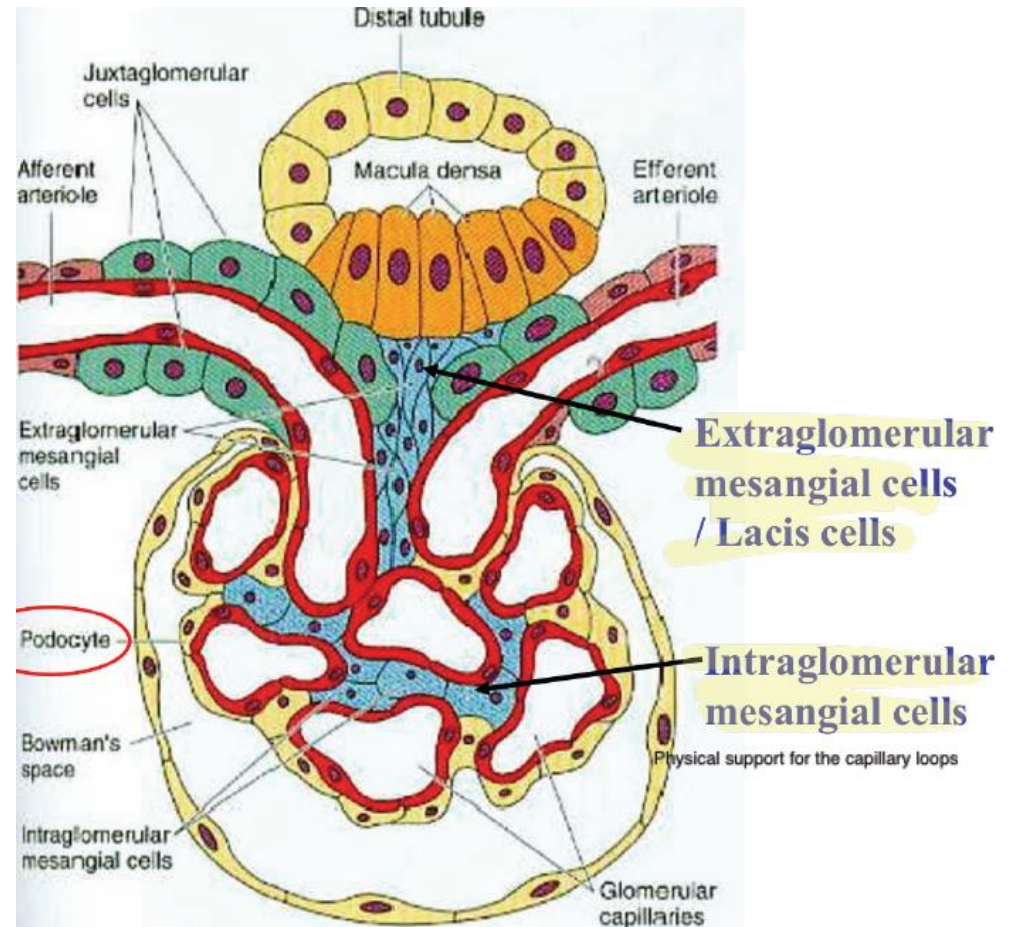
Glomerulus is completely arterial bed –  
is supplied by afferent glomerular arteriole  
and drained by efferent glomerular arteriole





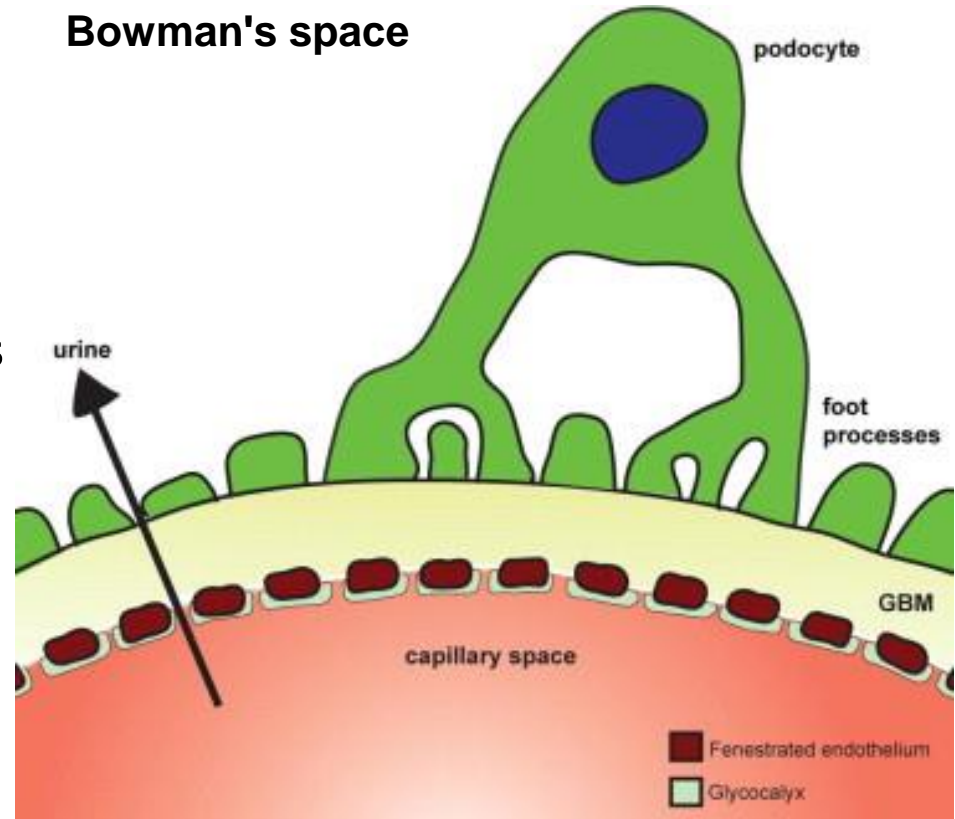
# Glomerulus

- is composed of **fenestrated capillaries** and **mesangial cells**
- **extraglomerular mesangial cells**
- located at the vascular pole
- **intraglomerular mesangial cells**
- pericyte-like cells situated within the renal corpuscle – provide **physical support** to the capillary, **phagocytosis** and **regulate blood flow** of the glomerular capillaries by their contractile activity



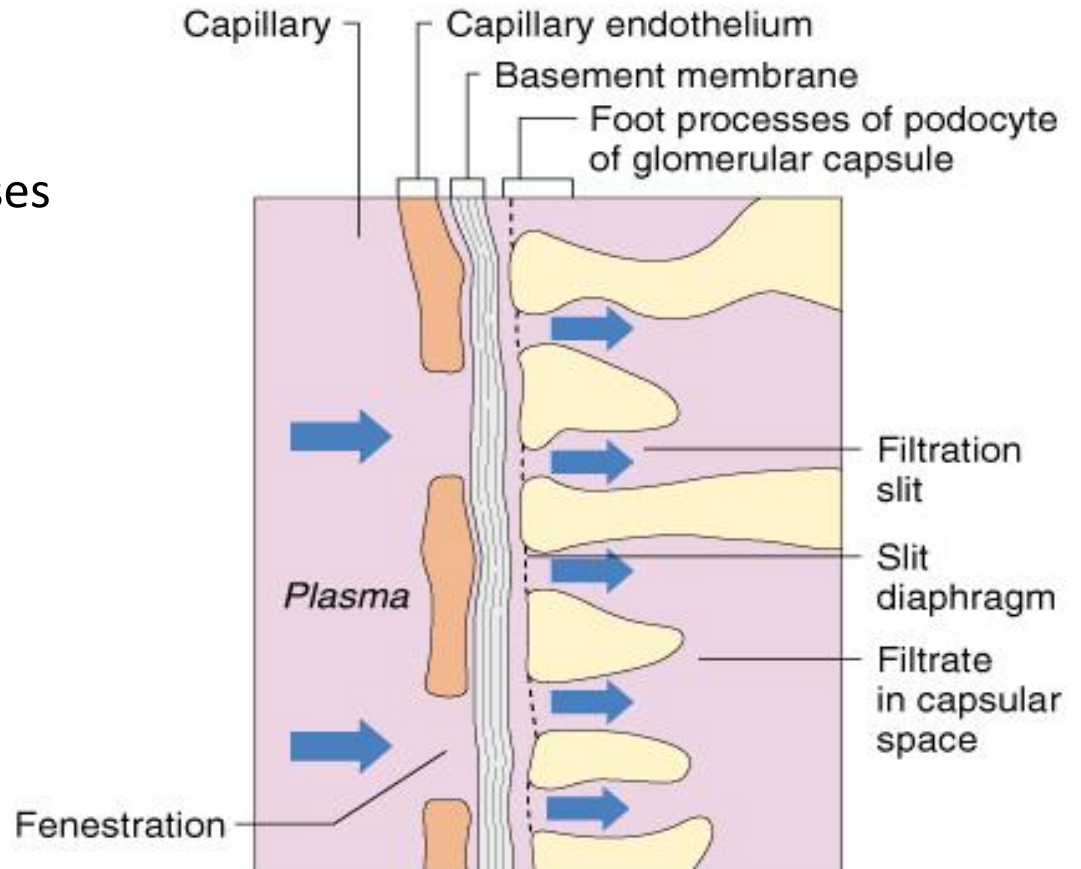
## Filtration barrier

- the blood plasma is filtered through the capillaries of the glomerulus
- **glomerular capillary endothelial cells** (contain numerous pores – fenestrae), **glomerular basement membrane** (very thick), and **podocytes** (visceral layer of Bowman's capsule) into the Bowman's space



## Podocytes

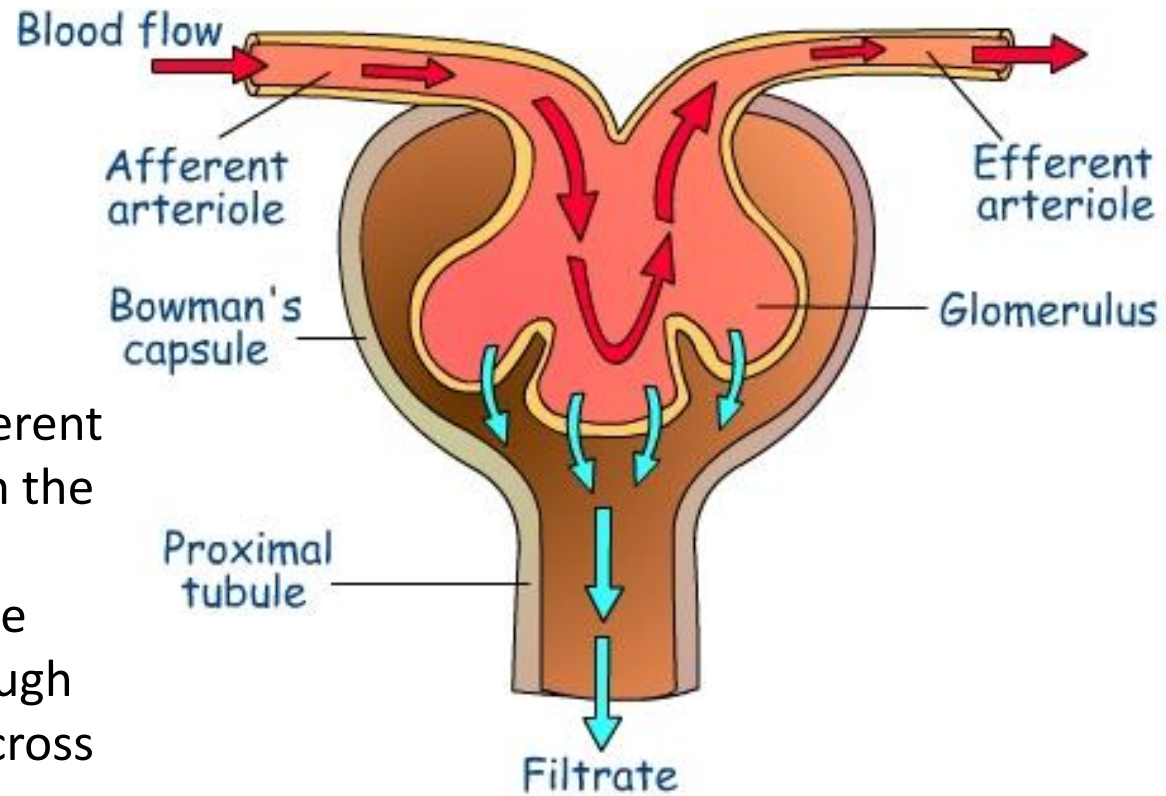
- cells of visceral layer of Bowman's capsule
- highly modified to perform a filtering function
- have numerous, long processes and secondary processes – **pedicels**



(c)

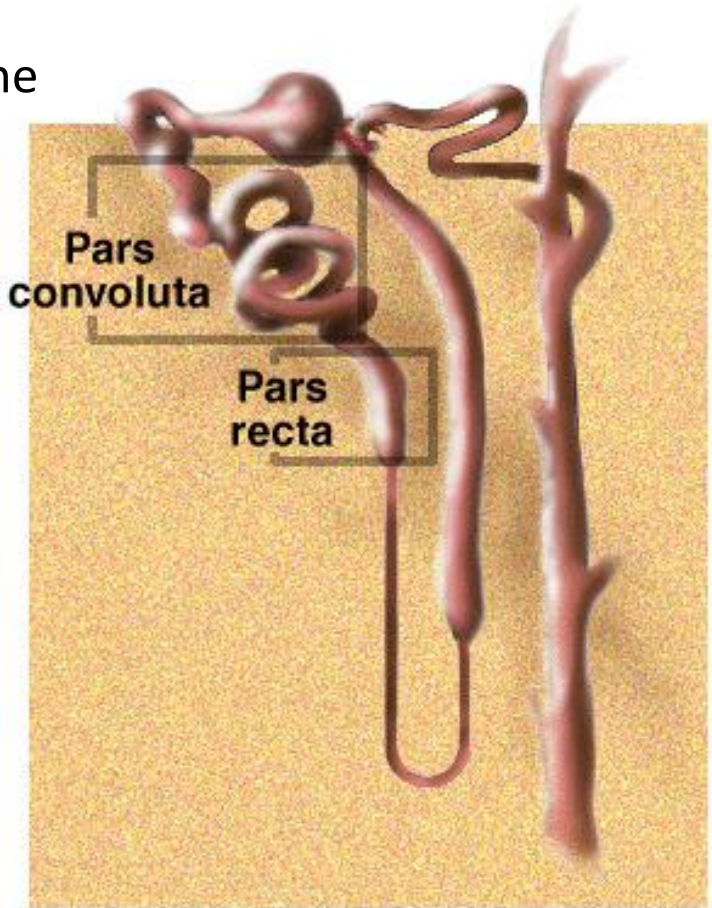
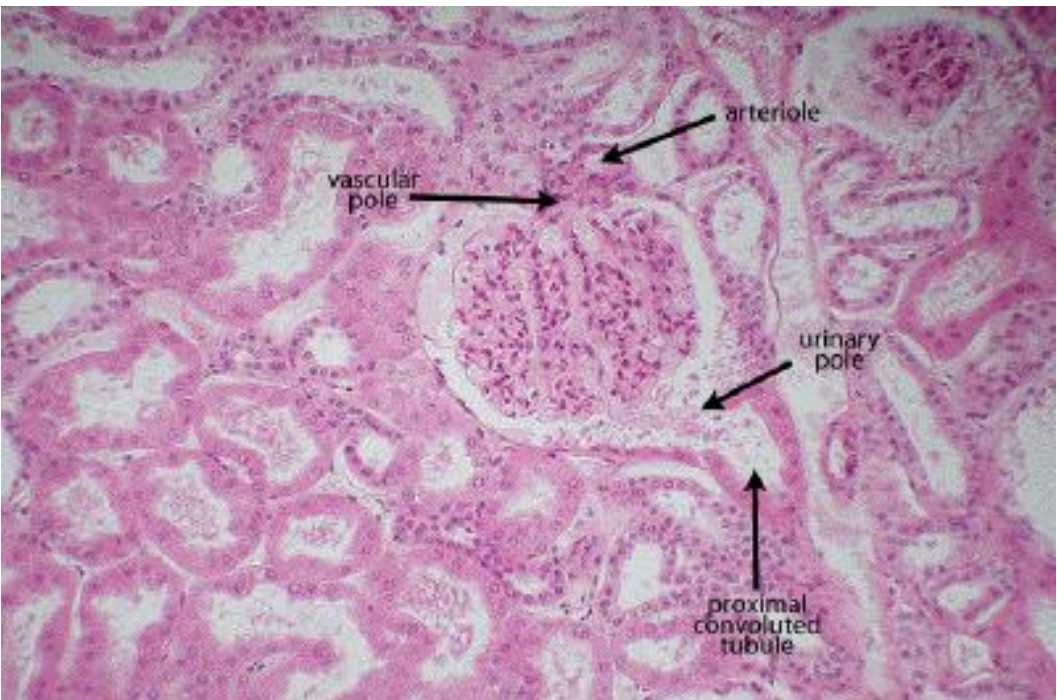
## Filtration process – glomerular filtrate, ultrafiltrate

- blood flows through the afferent arteriole and leaves through the efferent arteriole
- the high hydrostatic pressure forces small molecules through the filter, from the blood, across the filtration barrier
- strong anions of basement membrane (collagen type IV) push away negatively charged proteins (e.g. albumins)





From Bowman's space glomerular filtrate flows to the **proximal tubule** at the urinary pole

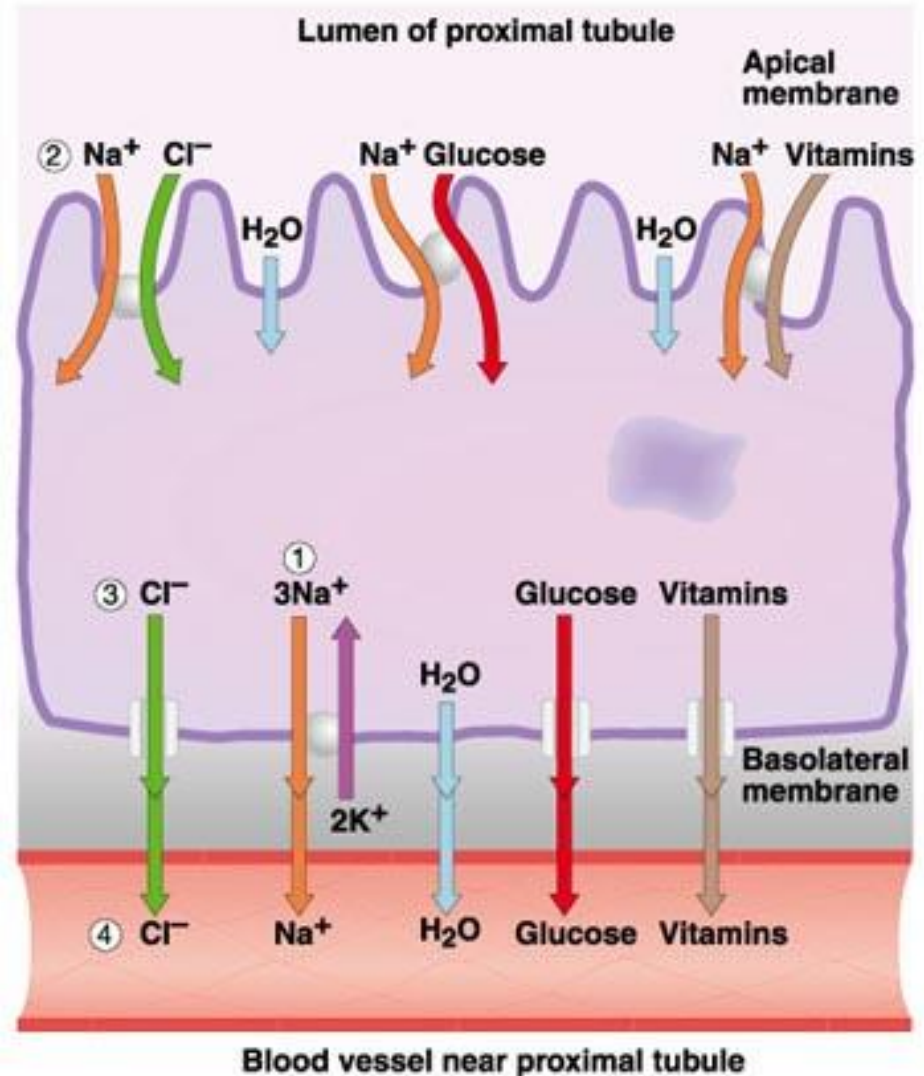


# Function of proximal tubule

Cells of proximal tubule transport from the ultrafiltrate into the connective tissue stroma:

- **Na<sup>+</sup> and Cl<sup>-</sup> ions**
- **Water (aquaporin channels)**
- **Glucose, amino acids and vitamins (endocytosis)**

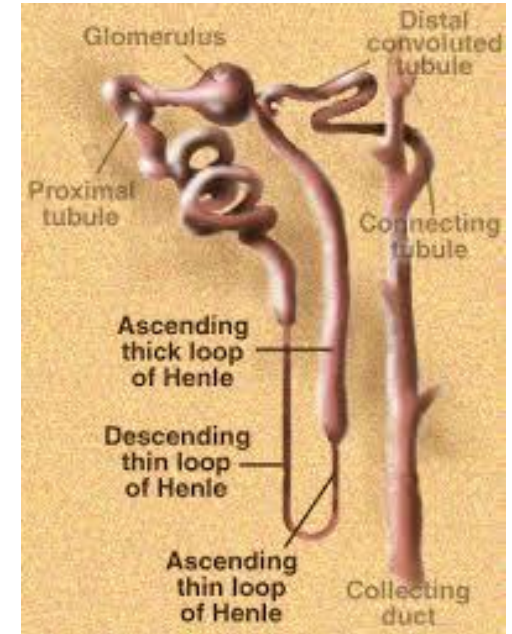
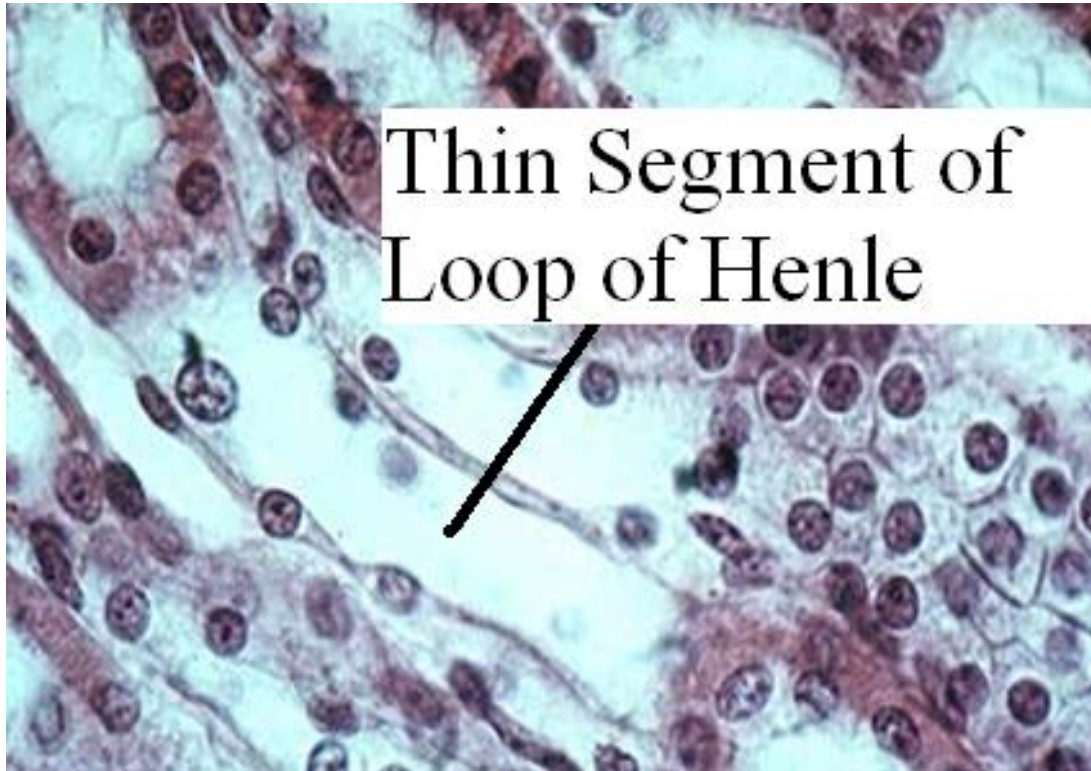
Model of water and solute reabsorption





## Thin limbs of Henle's loop

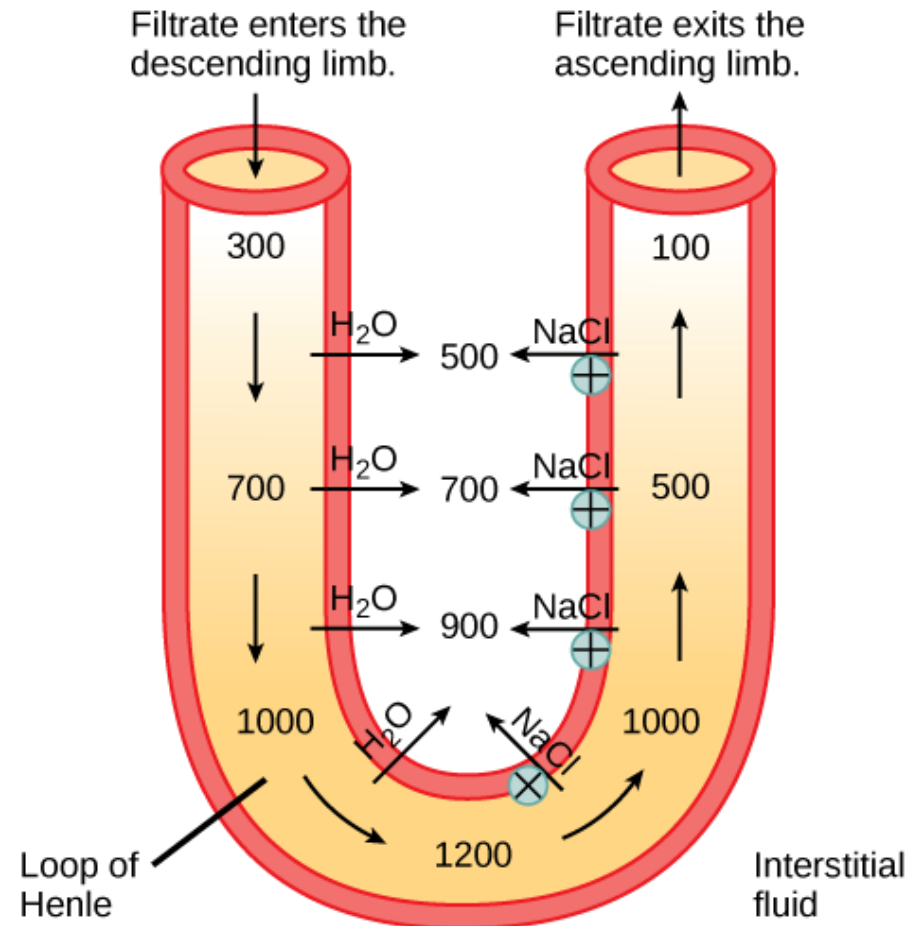
- leads from the proximal convoluted tubule to the distal convoluted tubule



- Descending thin limb
- Henle's loop
- Ascending thin limb

# Thin limbs of Henle's loop – stromal gradient formation and concentration of urine

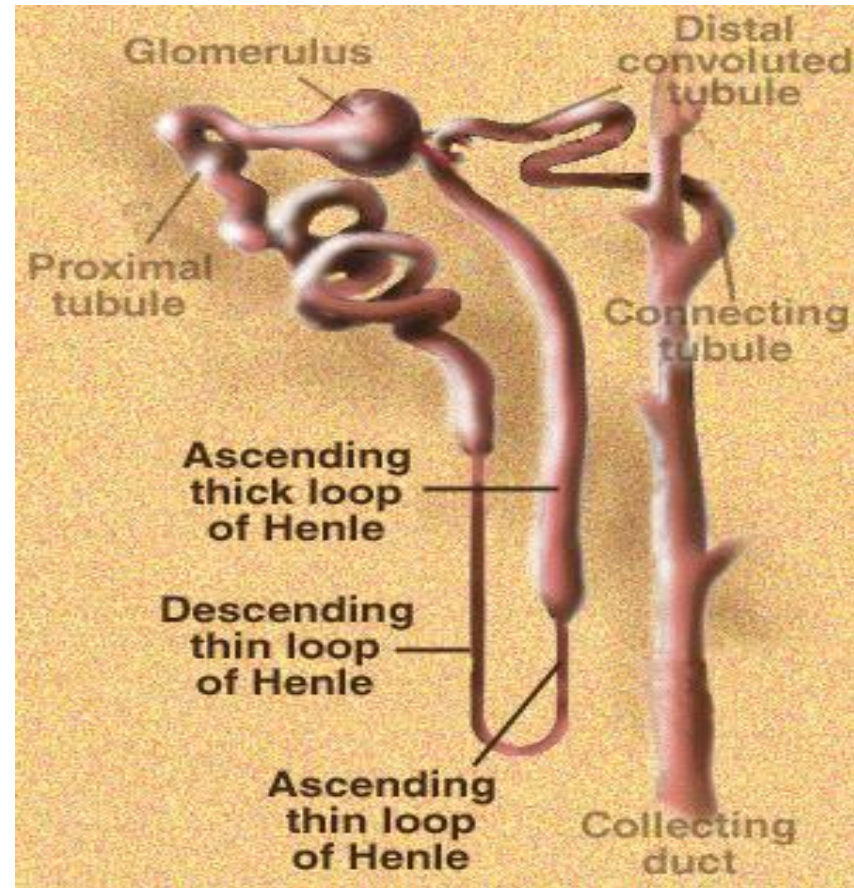
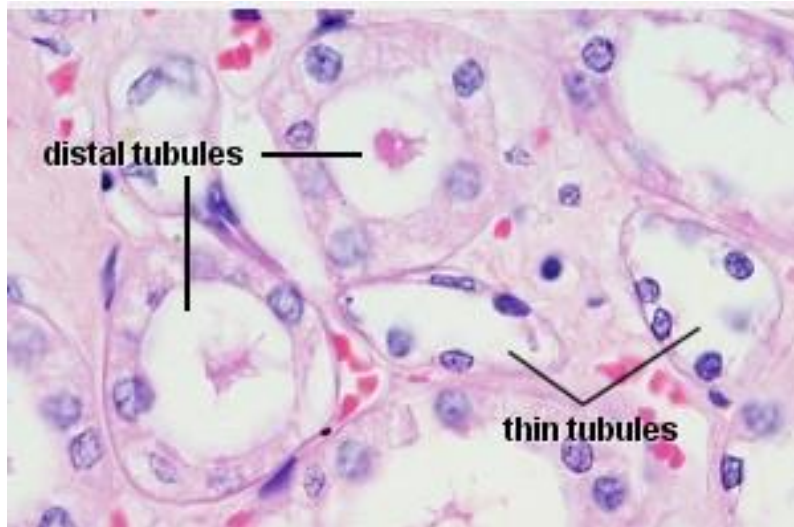
- the thin **descending** limb has low permeability to ions and urea, while being highly **permeable** to water (the concentration of the urine increases dramatically)
- the thin **ascending** limb is **impermeable** to water, but it is permeable to ions





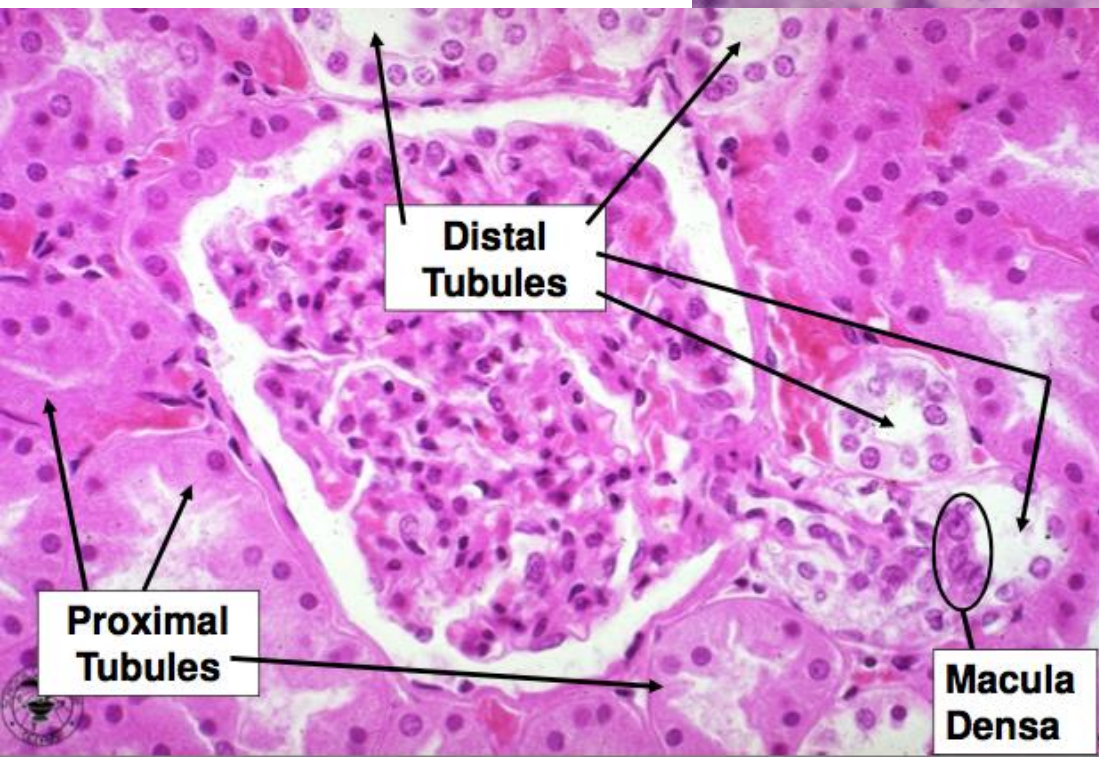
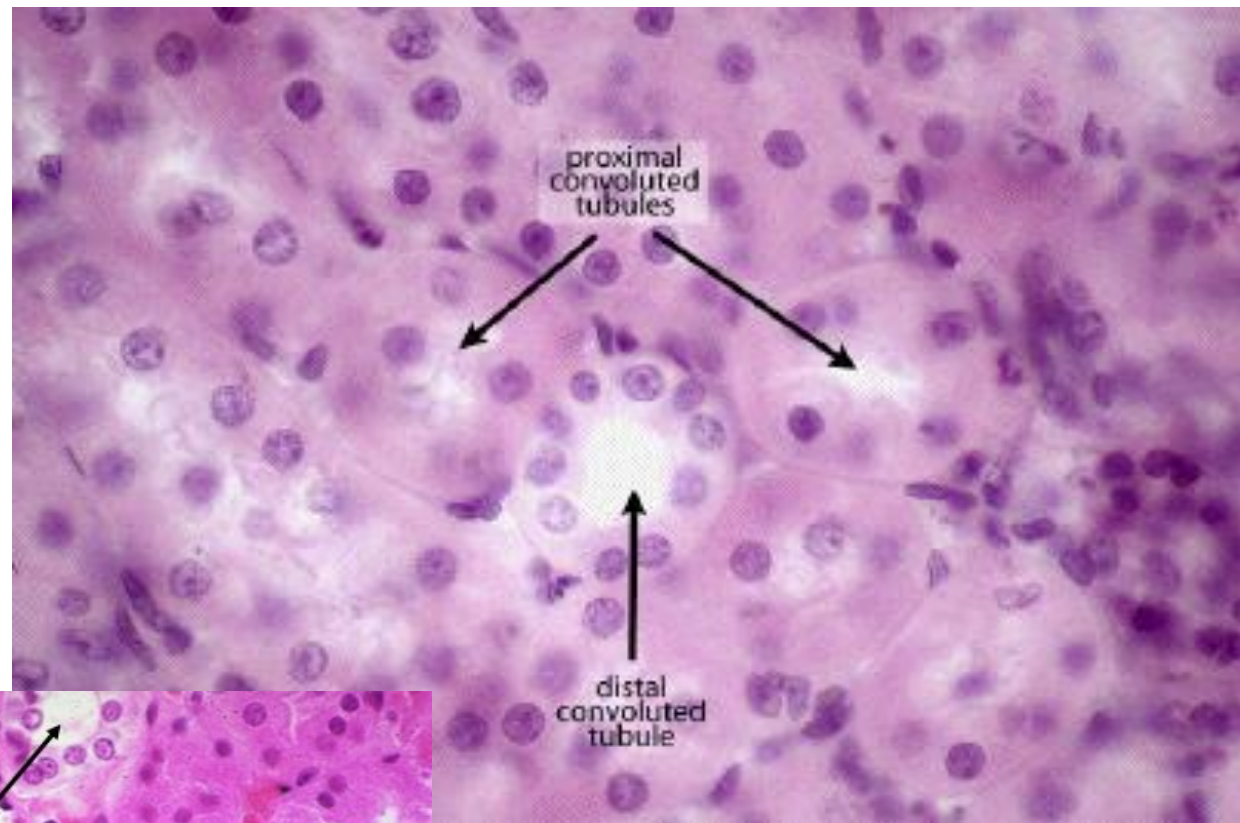
## Distal tubule

- the pars recta (the ascending thick limb of Henle's loop)
- the **macula densa** (closely packed specialized cells lining the wall of the distal convoluted tubule)
- the pars convoluta (the distal convoluted tubule)



## Proximal tubul

- cuboidal cells with eosinophilic cytoplasm
- only six to eight nuclei are included in the plane of section



## Distal tubul

- low cuboidal cells with paler cytoplasm
- cells are narrower – more nuclei are apparent in cross section
- the lumina of tubules are wide-open



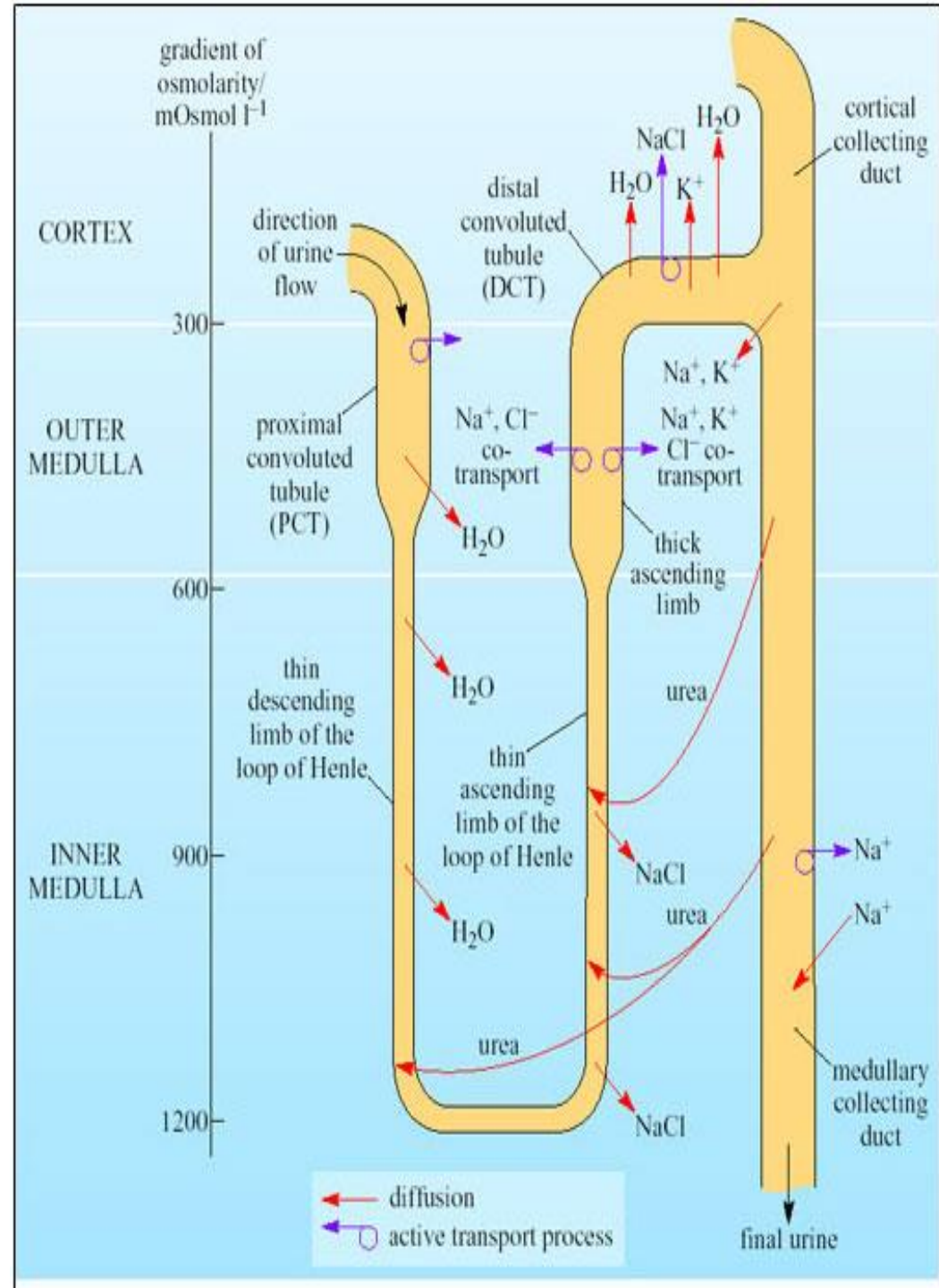
## Distal tubule – function

### Thick ascending limb of Henle's loop

- is **impermeable** to water
- cells have chloride and sodium pumps (active transport of ions from the lumen of the tubule)

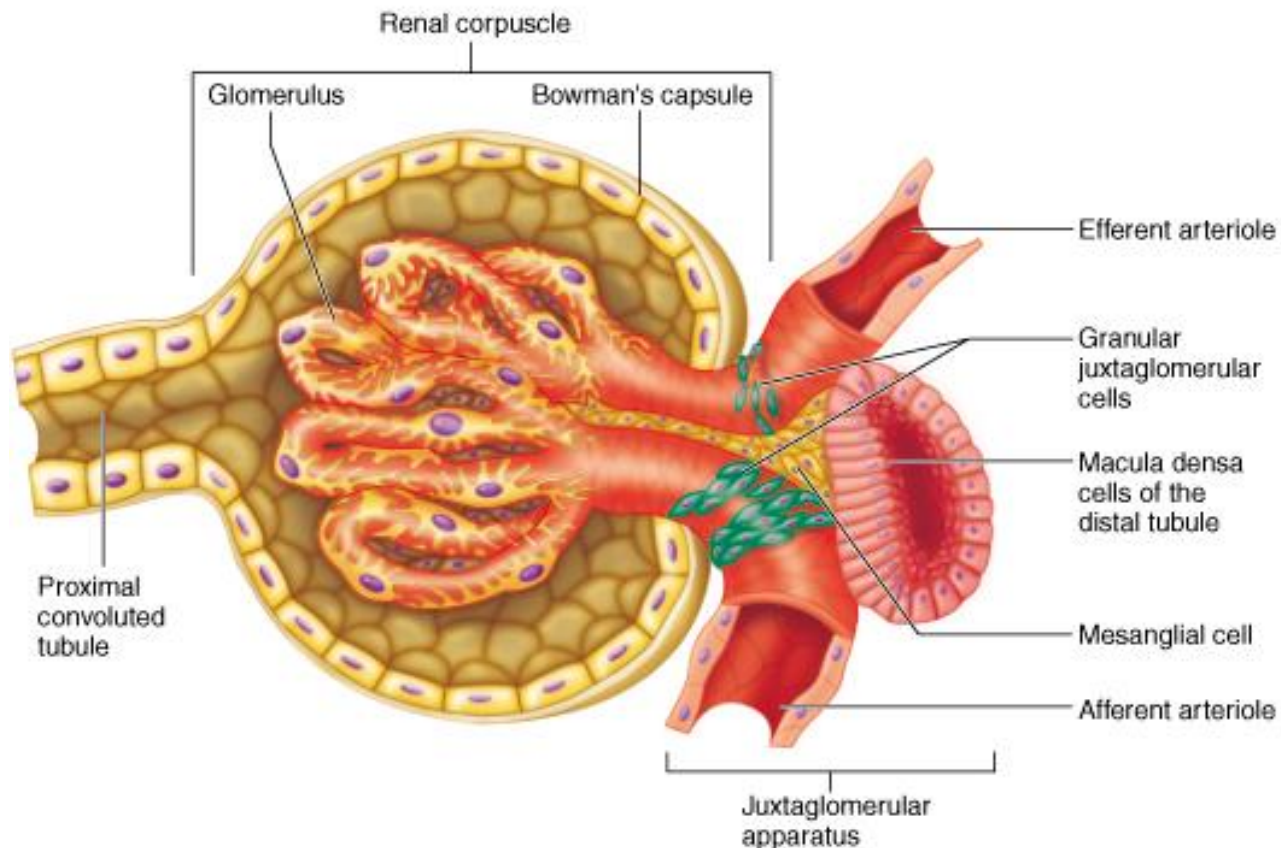
### Distal convoluted tubule

- is partly responsible for the regulation of potassium, sodium, calcium concentration (cells have pumps for ions)
- sodium absorption by the distal tubule is mediated by the hormone **aldosterone** (zona glomerulosa of the adrenal cortex)

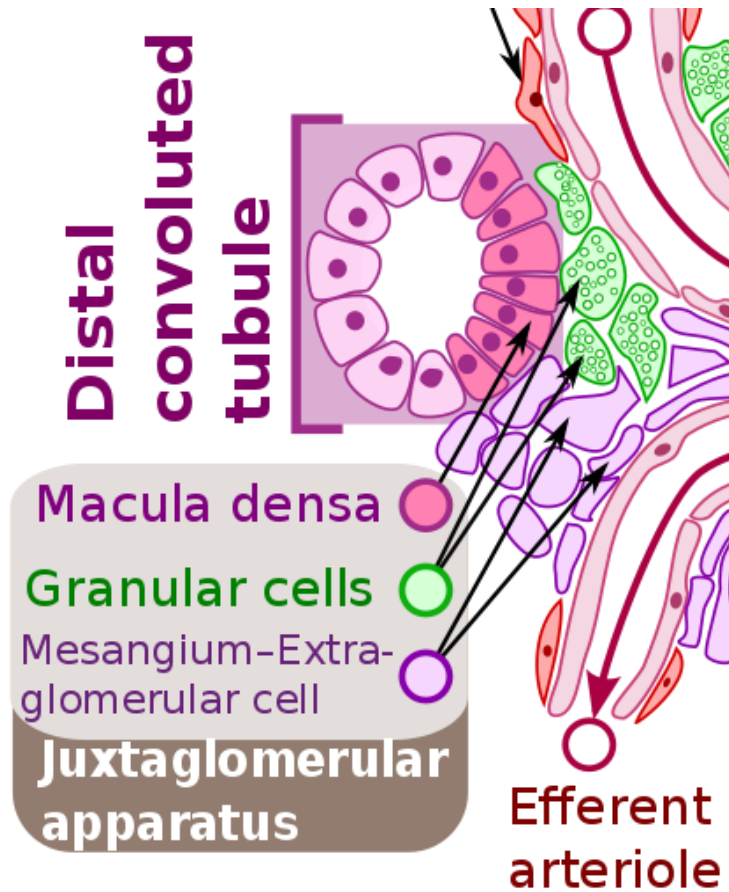


## Juxtaglomerular apparatus

- is composed of the **macula densa** of the distal convoluted tubule, smooth muscle cells of the afferent arteriole known as **juxtaglomerular cells**, and **extraglomerular mesangial cells**





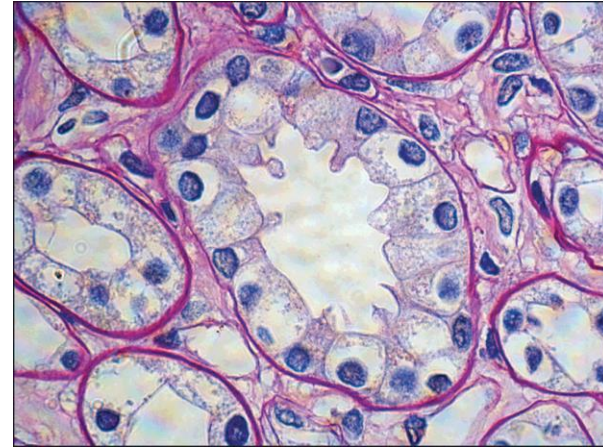


**extraglomerular mesangial cells** found outside the glomerulus, near the vascular pole and macula densa.

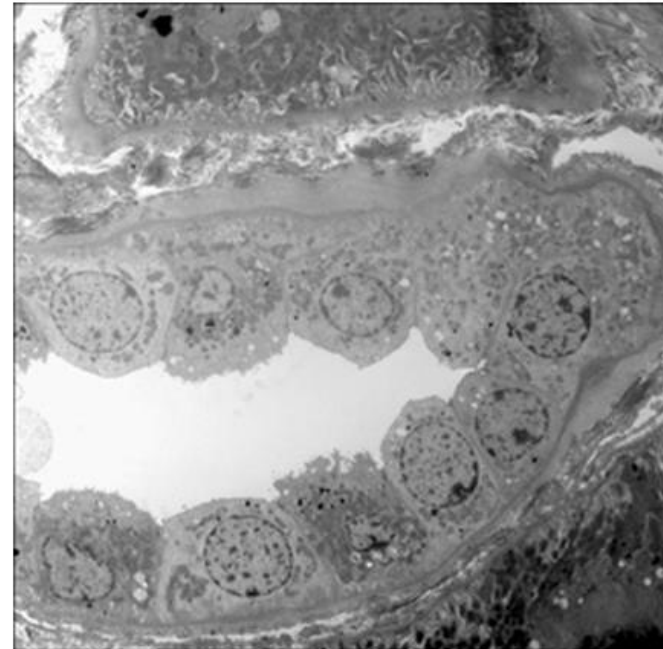
**macula densa** is an area of closely packed specialized cells lining the wall of the distal convoluted tubule (are sensitive to the concentration of sodium chloride)

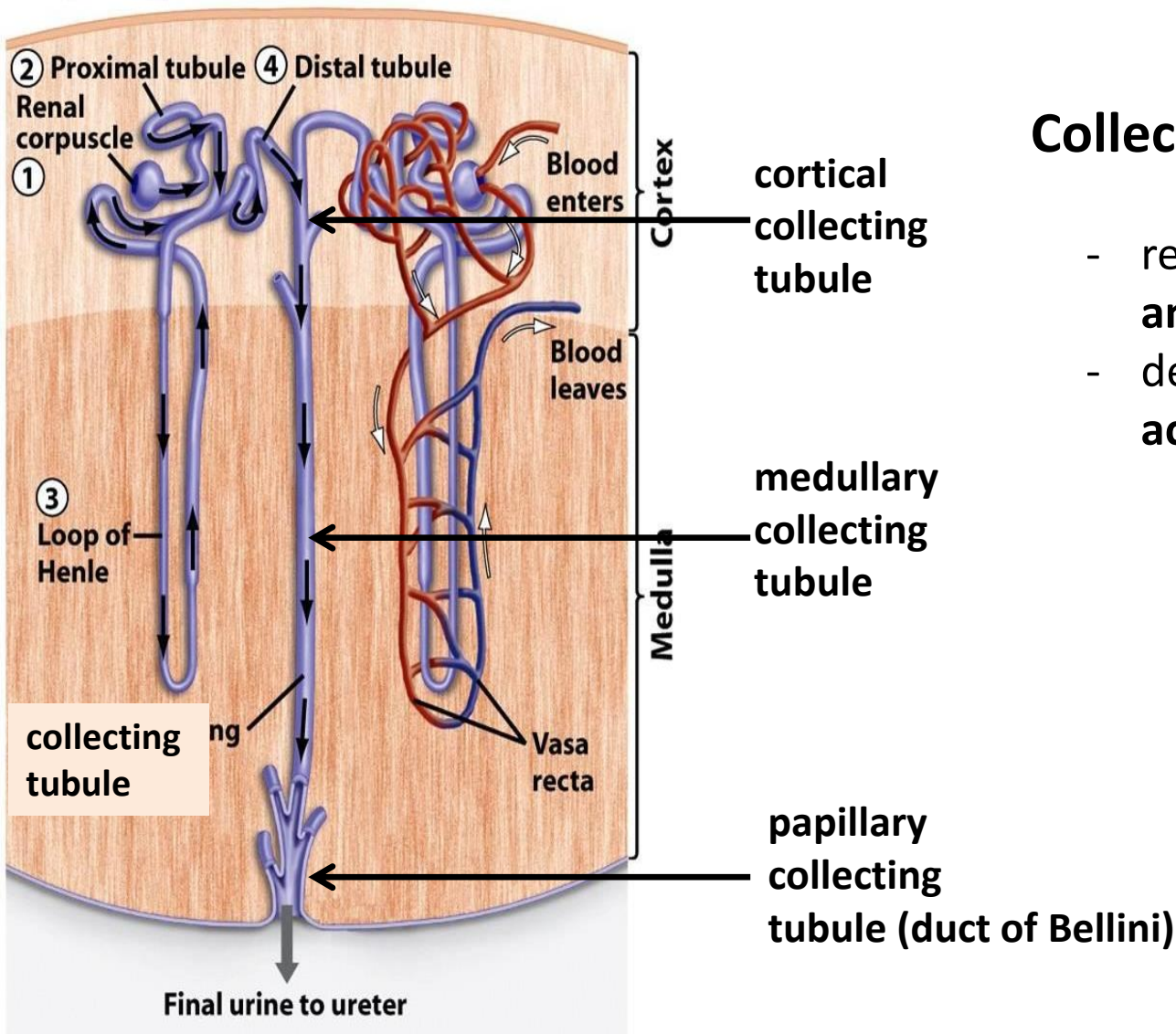
**juxtaglomerular cells** are specialized smooth muscle cells mainly in the walls of the afferent arterioles (synthesize, store, and secrete the enzyme **renin**)

## Collecting tubules



- Principal cells (2/3 of cells)
  - Light cells with few organelles
  - ADH sensitive and role in  $K^+$  secretion
- Intercalated cells (1/3 of cells)
  - Dark cells
  - Acid base regulation
  - Type A:  $H^+$  secretion
  - Type B:  $HCO_3^-$  secretion





## Collecting tubule - function

- reabsorption of **sodium and water**.
- depends on **hormonal activation (ADH)**

**2. Proximal convoluted tubule:**

reabsorbs ions, water, and nutrients; removes toxins and adjusts filtrate pH

**1. Glomerulus:**

filters small solutes from the blood

**5. Distal tubule:**

selectively secretes and absorbs different ions to maintain blood pH and electrolyte balance

**4. Ascending loop of Henle:**

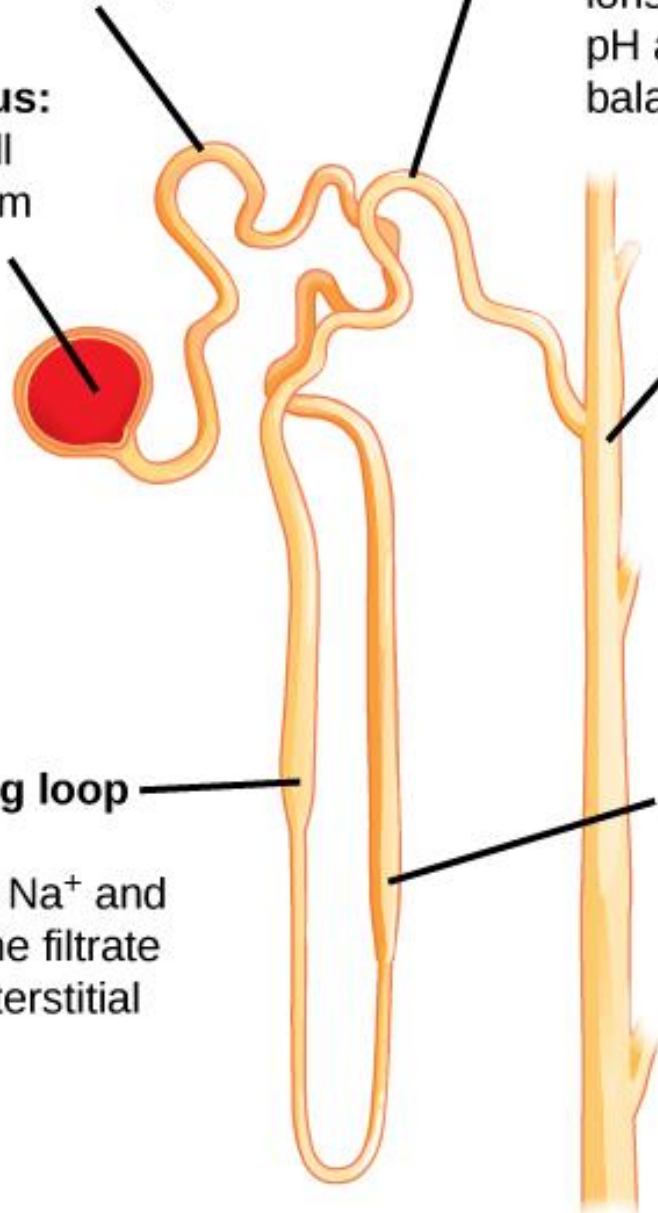
reabsorbs  $\text{Na}^+$  and  $\text{Cl}^-$  from the filtrate into the interstitial fluid

**3. Descending loop of Henle:**

aquaporins allow water to pass from the filtrate into the interstitial fluid

**6. Collecting duct:**

reabsorbs solutes and water from the filtrate



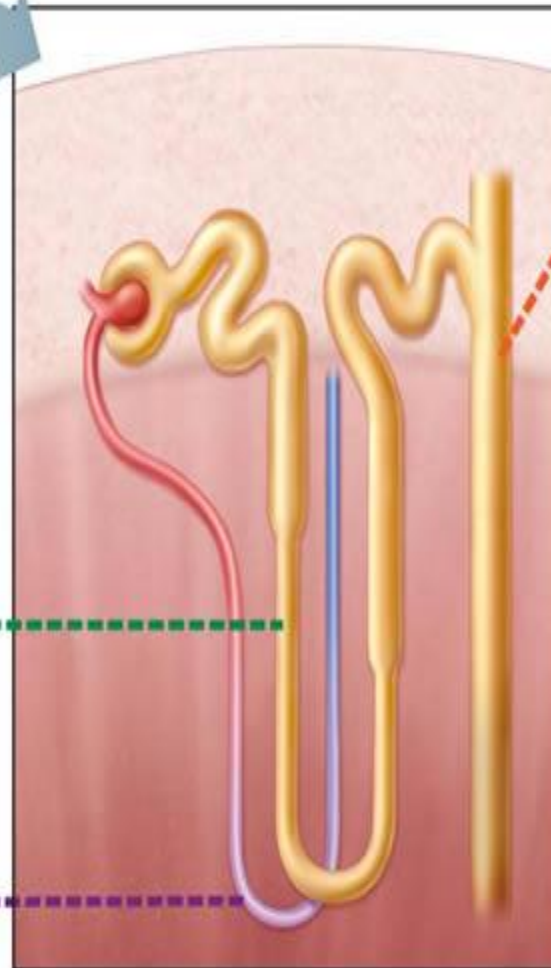
**Urine formation**

- about 180 L of glomerular filtrate is formed each day but only 1% is excreted



# Osmotic gradient in the kidney interstitium is necessary for the concentration of urine

## The three key players and their orientation in the osmotic gradient:



**(a) The long nephron loops of juxtamedullary nephrons create the gradient. They act as countercurrent multipliers.**

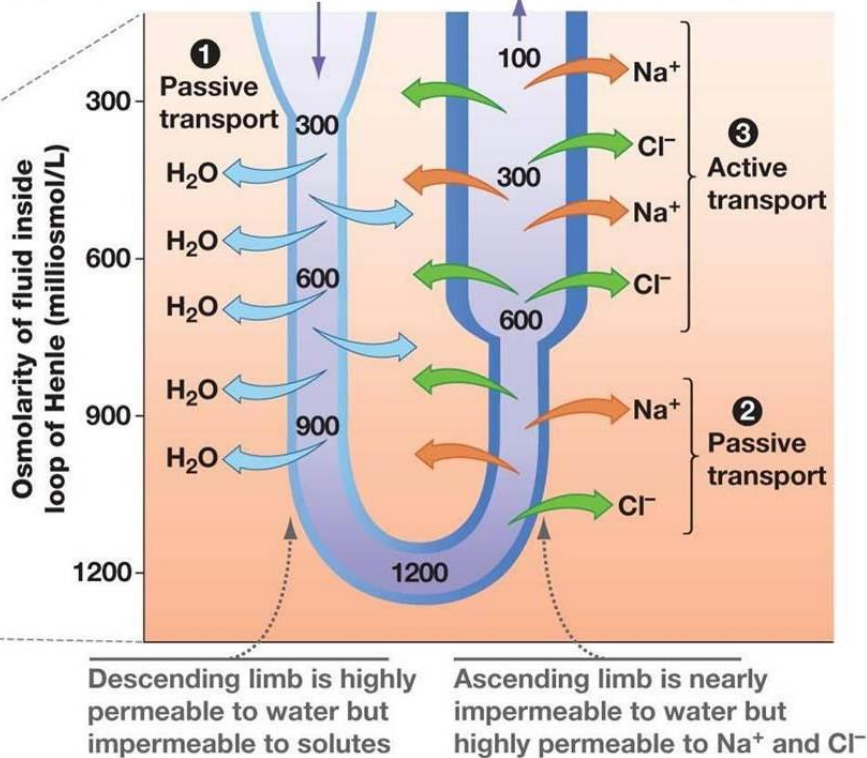
**(b) The vasa recta preserve the gradient. They act as countercurrent exchangers.**

**(c) The collecting ducts of all nephrons use the gradient to adjust urine osmolality.**

The osmolality of the medullary interstitial fluid progressively increases from the 300 mOsm of normal body fluid to 1200 mOsm at the deepest part of the medulla.

# Countercurrent multiplier system – creates a gradient of osmolality in the renal interstitium

(b) Water and ion movement differ in the three regions.

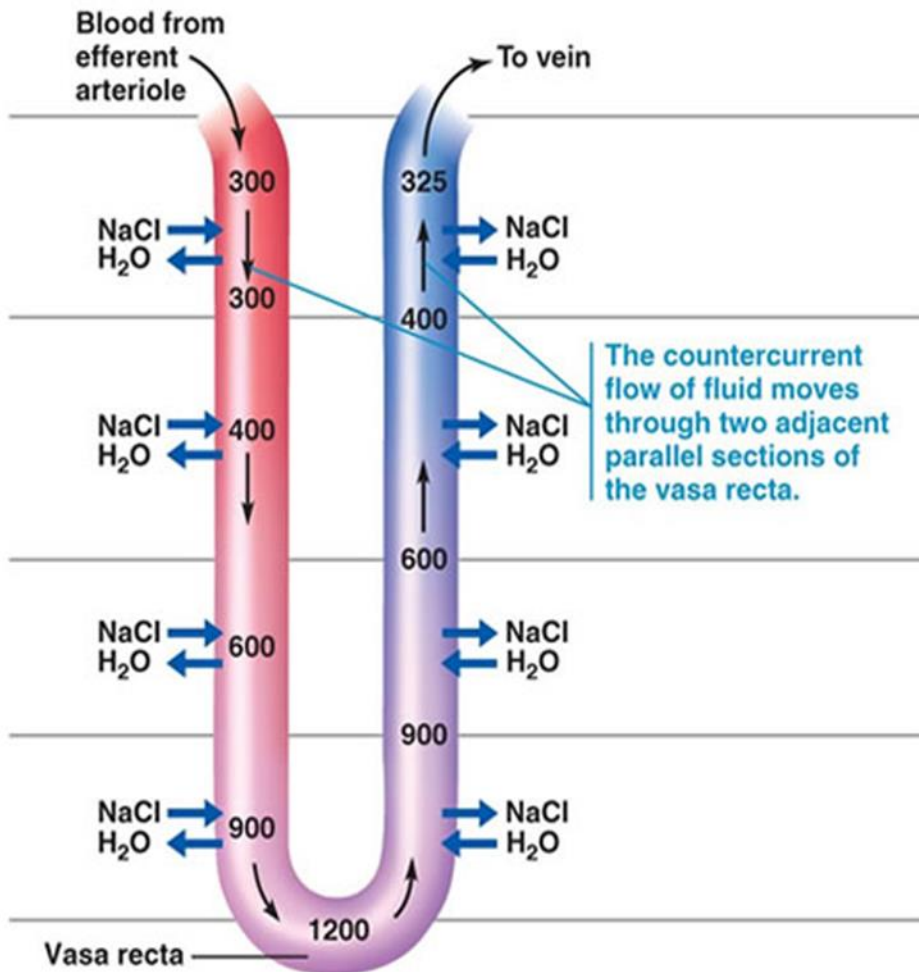


The **descending** loop of Henle has low permeability to ions and urea, but is **highly permeable to water** (water moves across the tubular wall into the medullary space, making the urine hypertonic)

The ascending thin limb is **impermeable to water, but it is permeable to sodium and chloride ions** (ions are transported into the medullary space, making the filtrate hypotonic)

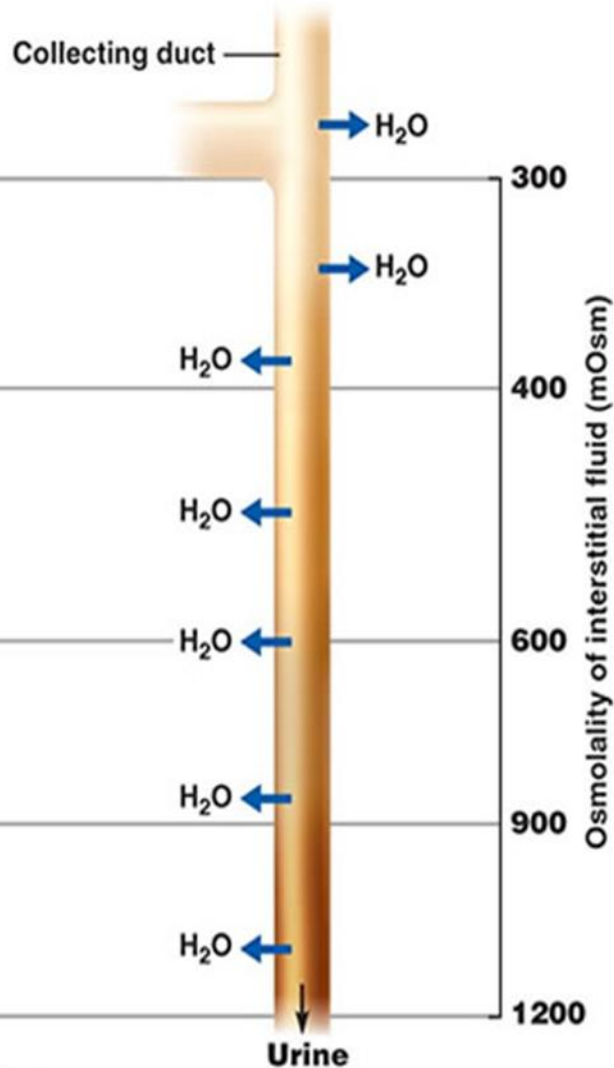
## Countercurrent exchanger system

**Vasa recta** helps maintain the osmotic gradient in the medulla



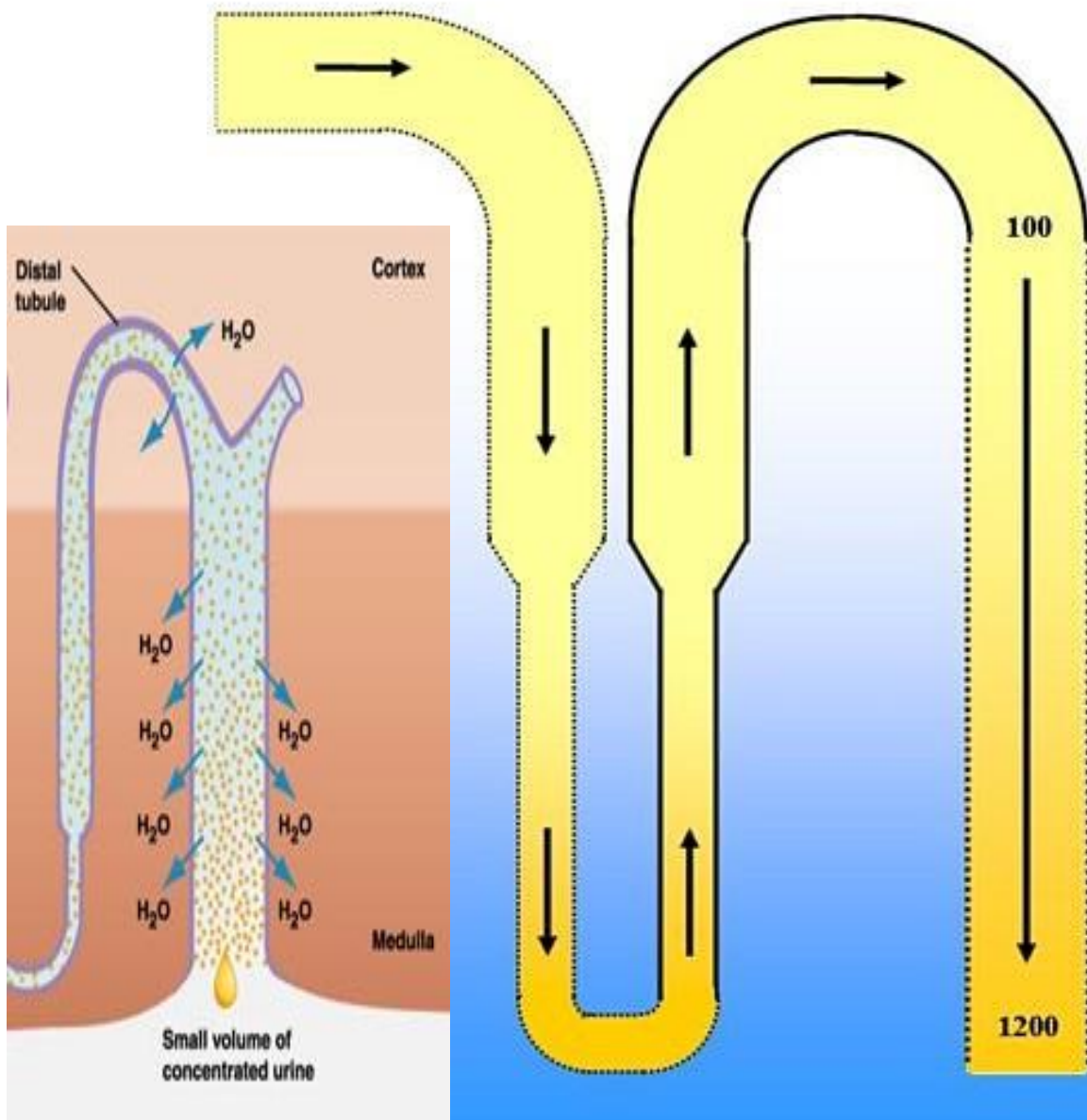
- the blood courses down the arterial limb - loses water and gains salts as it returns via the venous limb, it loses salts and gains water
- osmotic gradient in the medulla remains undisturbed
- osmolality of the blood in vessels is equilibrated with that of the interstitium
- this exchange system causes salt and water to be resorbed (returned back to the body) because of the concentration gradient in the renal medulla

**Collecting tubule** uses an **osmotic gradient** of the medulla for the concentration of the urine



- filtrate entering collecting tubule is **hypotonic**
- under the influence of **ADH** cells of collecting tubule become permeable to water
- as filtrate descends through the renal medulla in the collecting tubule, is subjected to the osmotic pressure gradient
- water leaves the lumina of collecting tubule
- urine becomes **concentrated** and **hypertonic**





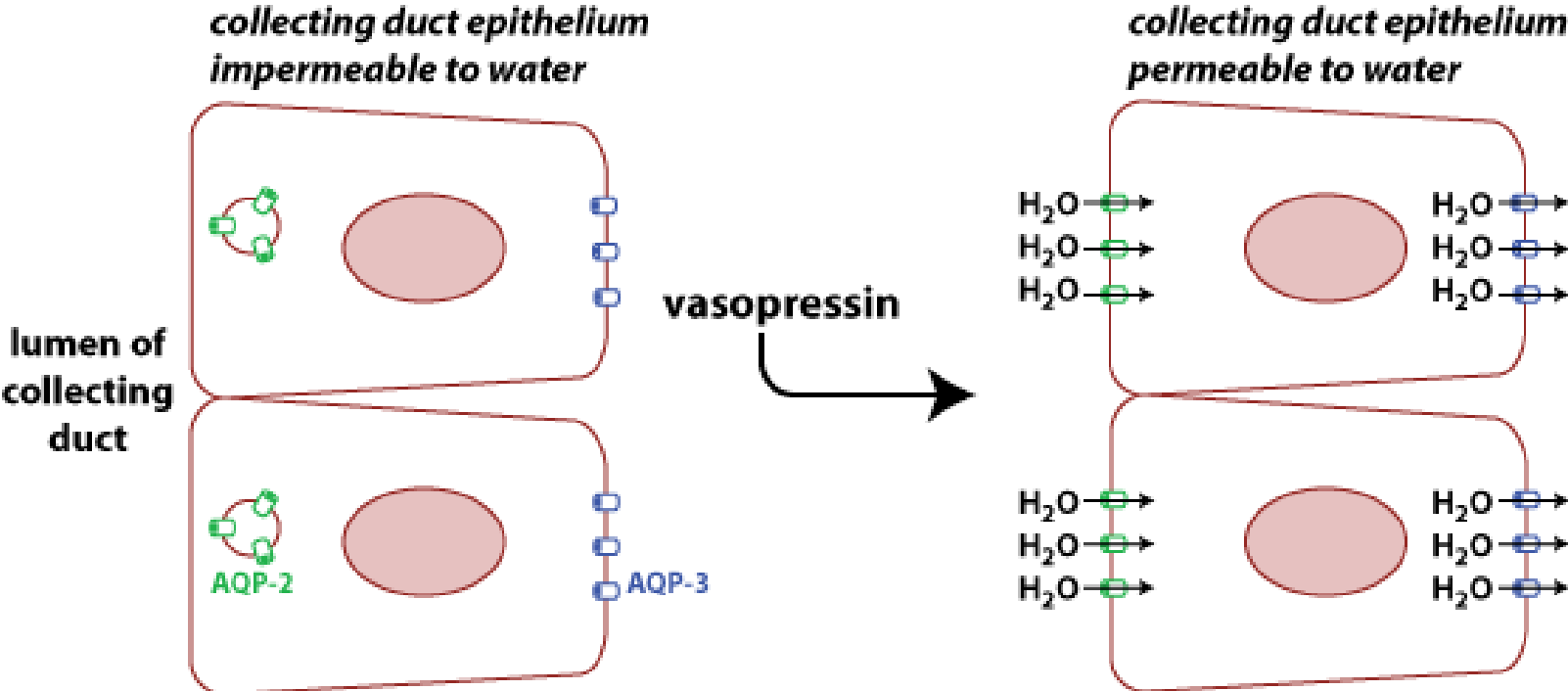
## Vasopressin

- Anti-diuretic hormone (ADH)
- Secreted by posterior pituitary
- Acts on collecting duct and distal tubule
- Increases permeability of tubule epithelium

No vasopressin  
 collecting duct  
 impermeable to water  
**DILUTE URINE**

With vasopressin  
 collecting duct  
 permeable to water  
**CONCENTRATED URINE**

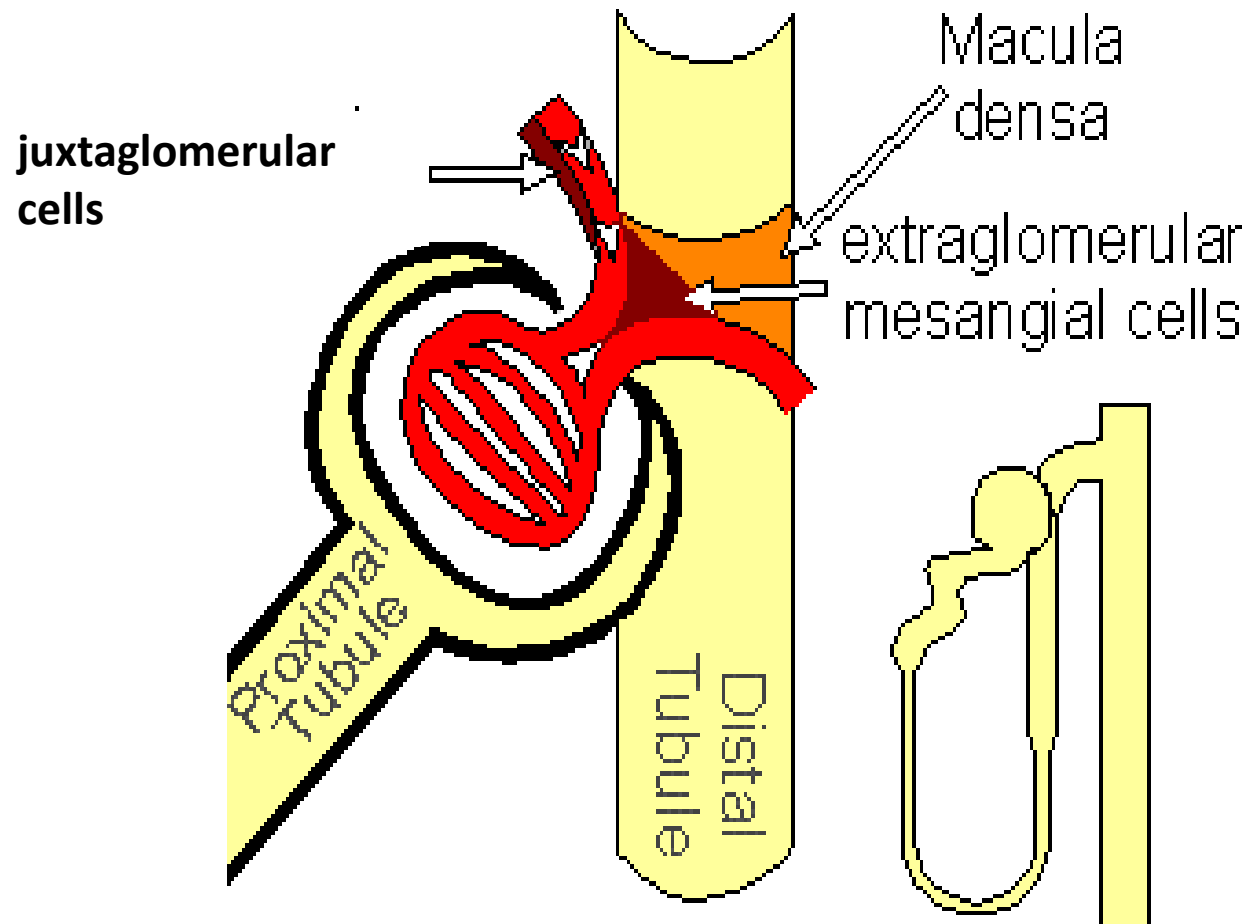
# Mechanism of action of antidiuretic hormone (vasopressin)



# Function of nephron is regulated by Juxtaglomerular apparatus

The **macula densa** senses any increase in the **sodium chloride** concentration in the distal tubule of the kidney and secretes a locally active **vasopressor**, which acts on the adjacent afferent arteriole to decrease glomerular filtration rate, and instruct juxtaglomerular cells to release the **renin**

## Juxtaglomerular apparatus

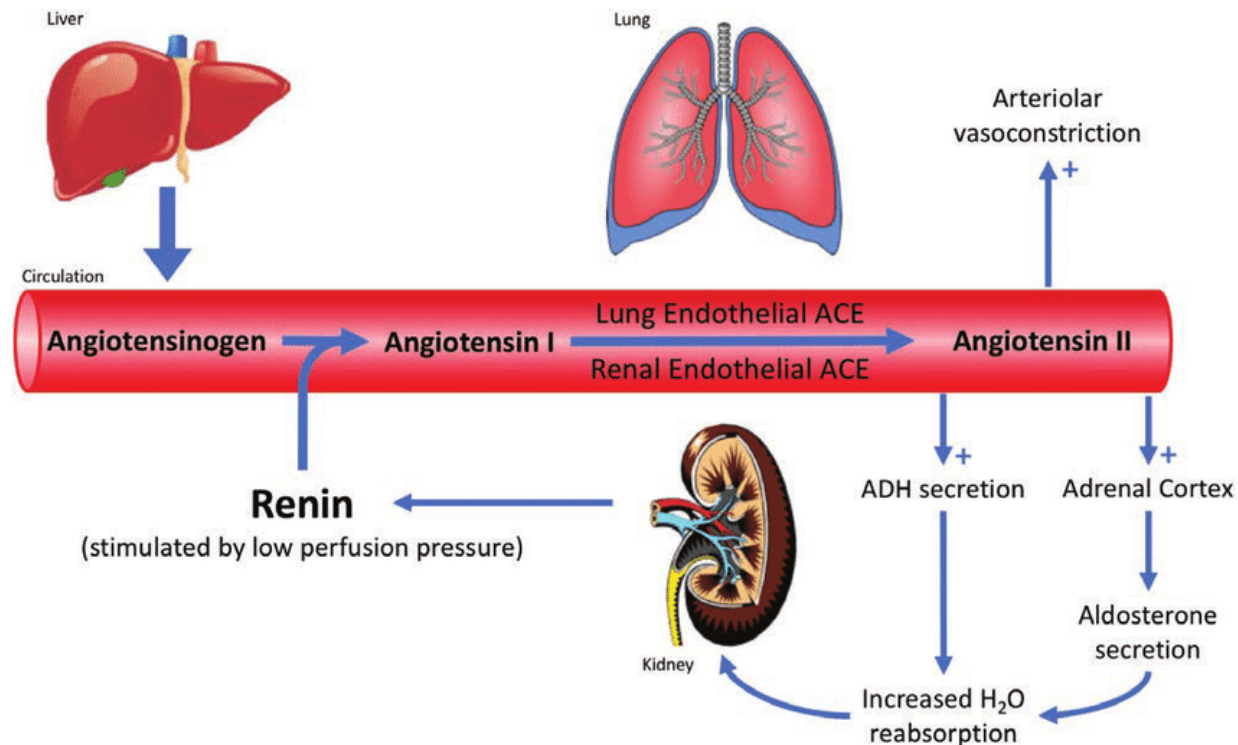




- **Renin** converts **angiotensinogen** (bloodstream) into **angiotensin I**
- In capillaries of lungs (mainly) **angiotensin-converting enzyme (ACE)** converts **angiotensin I** to **angiotensin II** (vasoconstrictor)

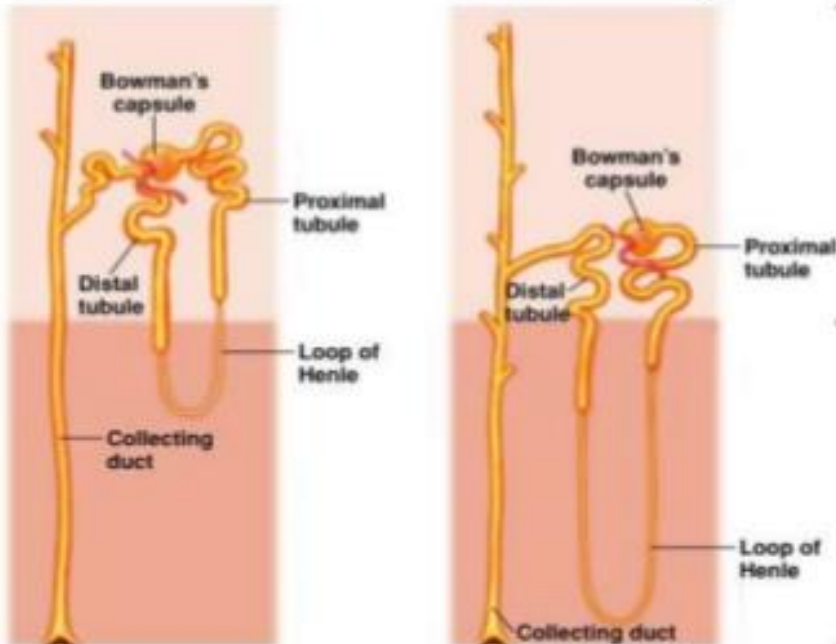
## ANGIOTENSIN II

- causes vasoconstriction, which, in turn, increases blood pressure
- enhances the reabsorption of sodium and chloride ions by the cells of distal convoluted tubules of the nephron
- stimulates ADH release (increasing water reabsorption)

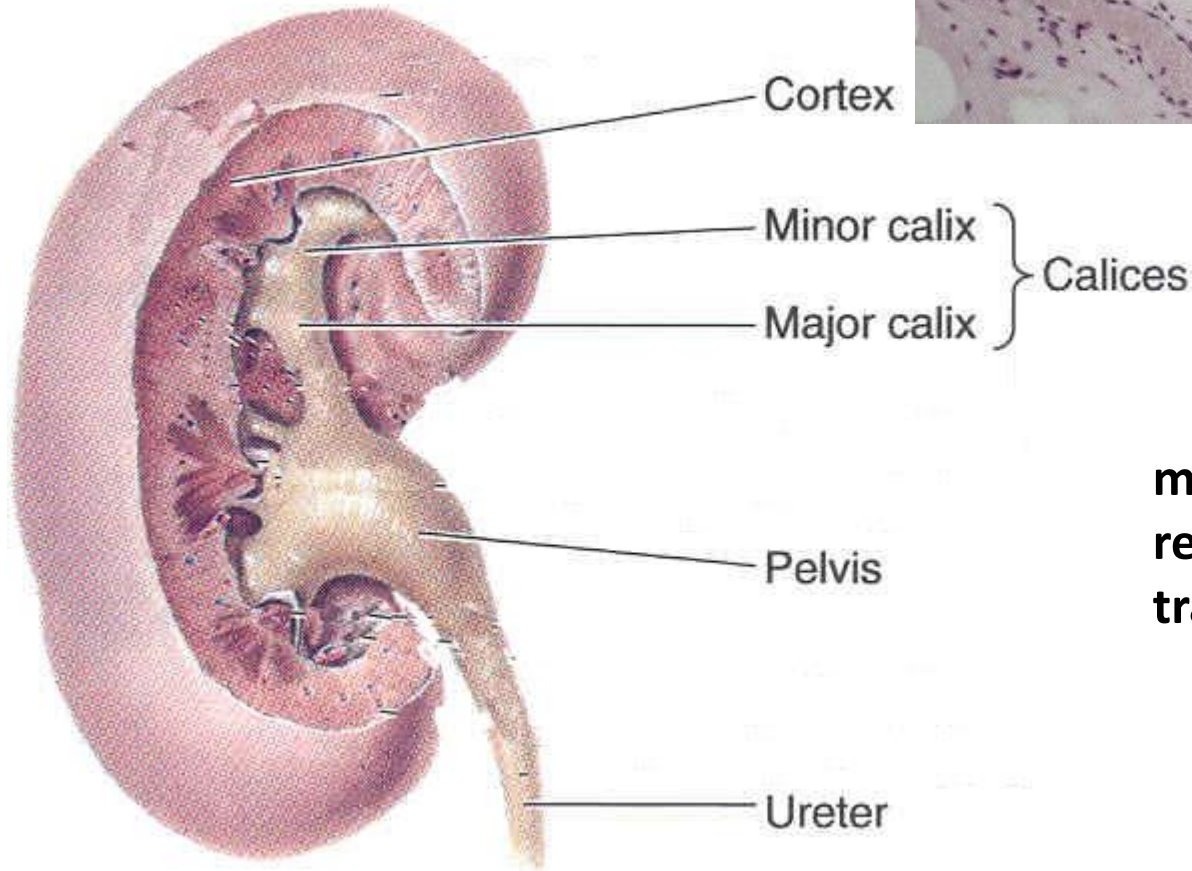
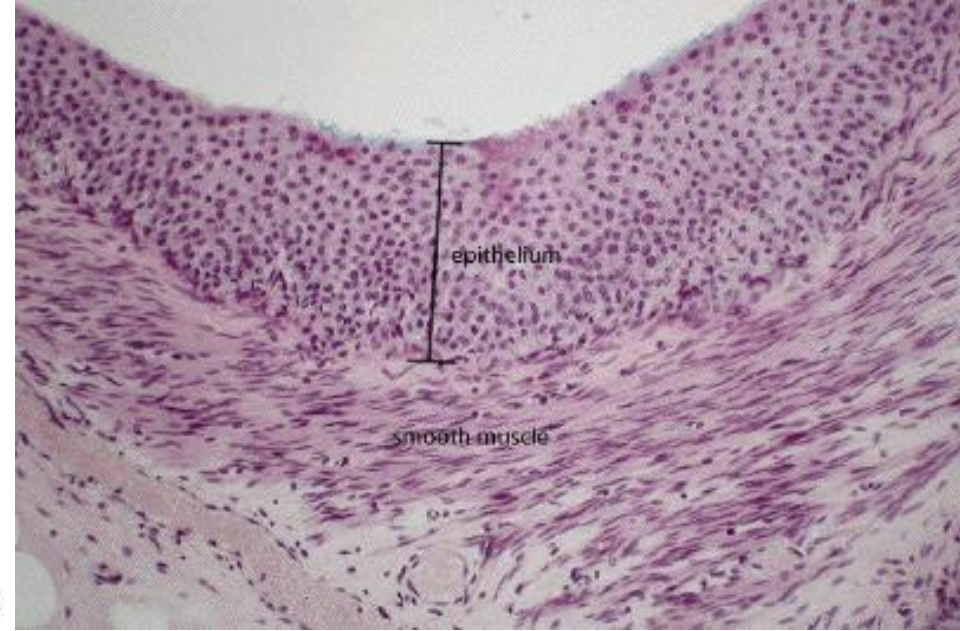


11.3 U.8 The length of the loop of Henle is positively correlated with the need for water conservation in animals.

**Length of the loop of Henle and water conservation:** The kangaroo rat's kidneys are especially efficient and produce only small quantities of highly concentrated urine. They have very long loops of Henle which builds a higher ion concentration in the **medulla (dark orange below)**. The longer the loop the more water will be reabsorbed in the collecting duct.



Urine moves from the nephrones collecting duct system to the **minor calyx** and then the **major calyx** before entering the **renal pelvis**



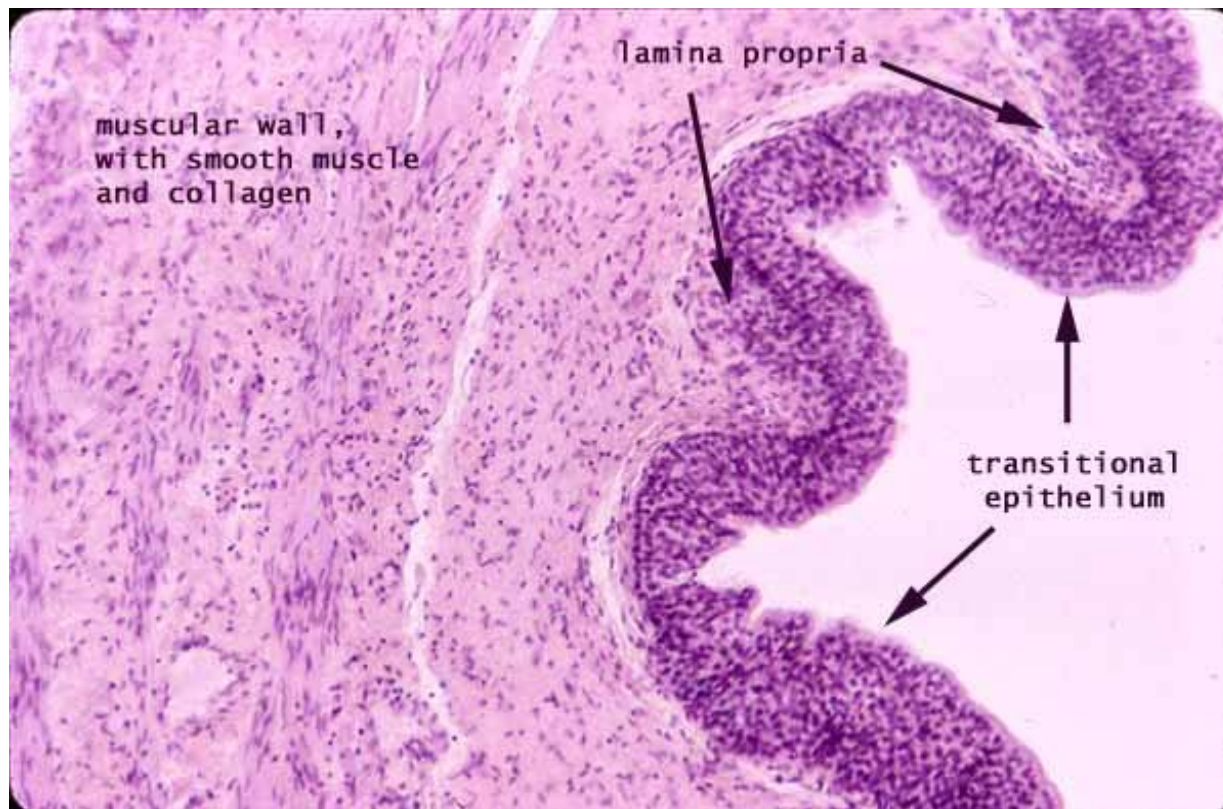
**minor calyx, major calyx and renal pelvis are lined by the transitional epithelium**

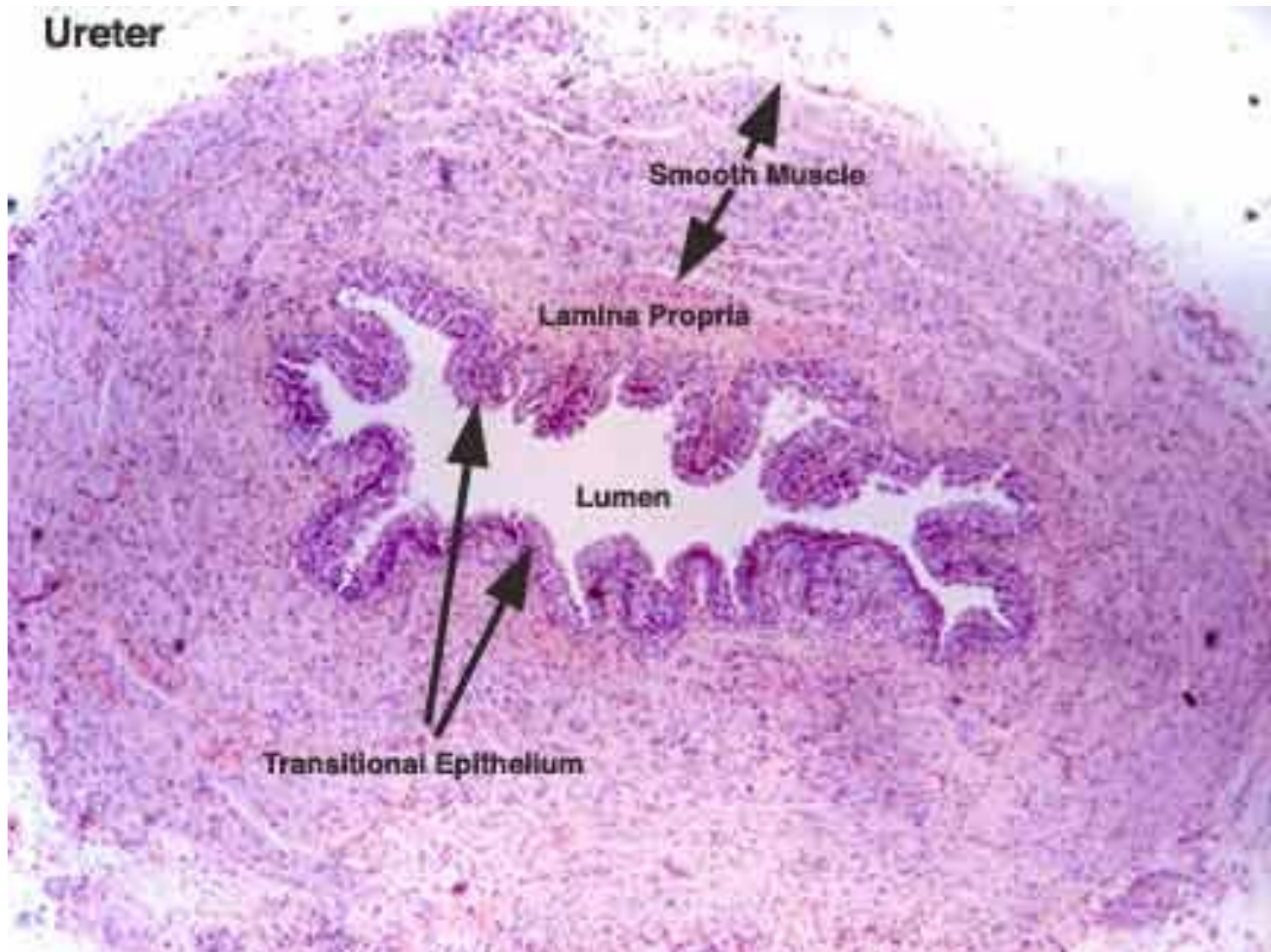


The **ureters** are tubes that deliver urine from the kidneys to the urinary bladder.

The wall of the ureter contains:

- a mucosa (**transitional epithelium** and lamina propria)
- the muscularis

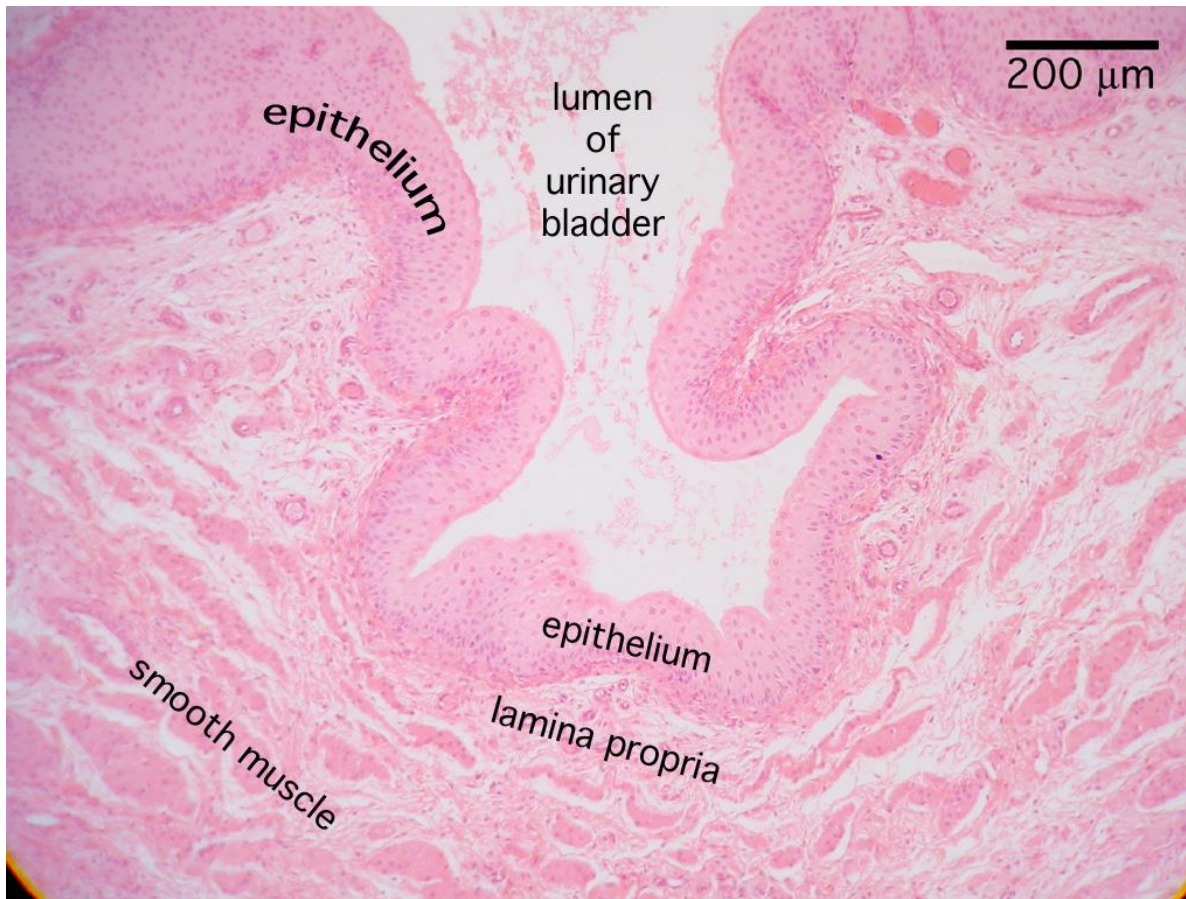




The mucosa of the ureter forms folds which project into the lumen when the ureter is empty



**Urinary bladder** - is the organ that collects urine excreted by the kidneys

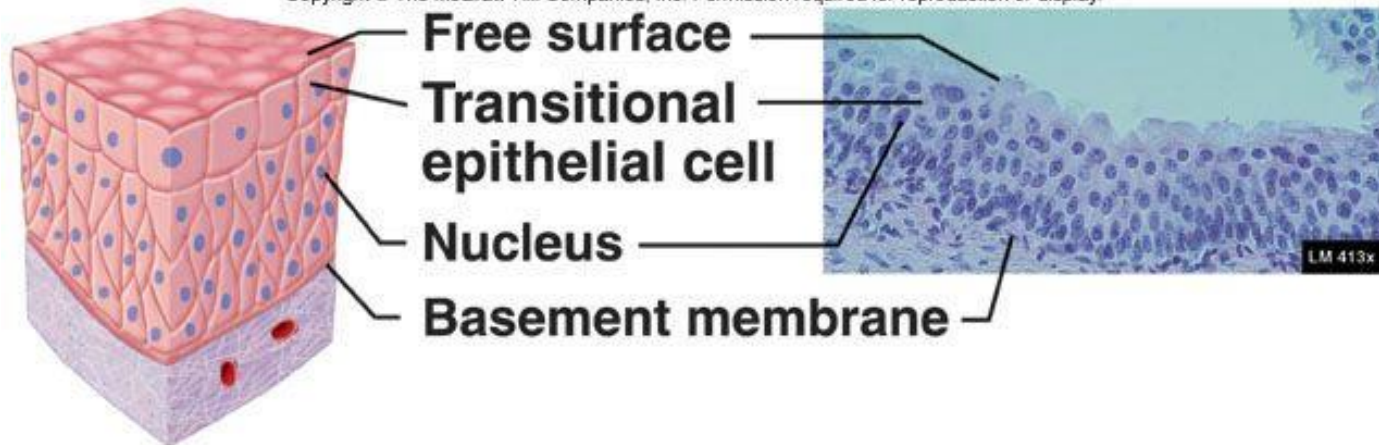


Folds of mucosa are present in empty bladder

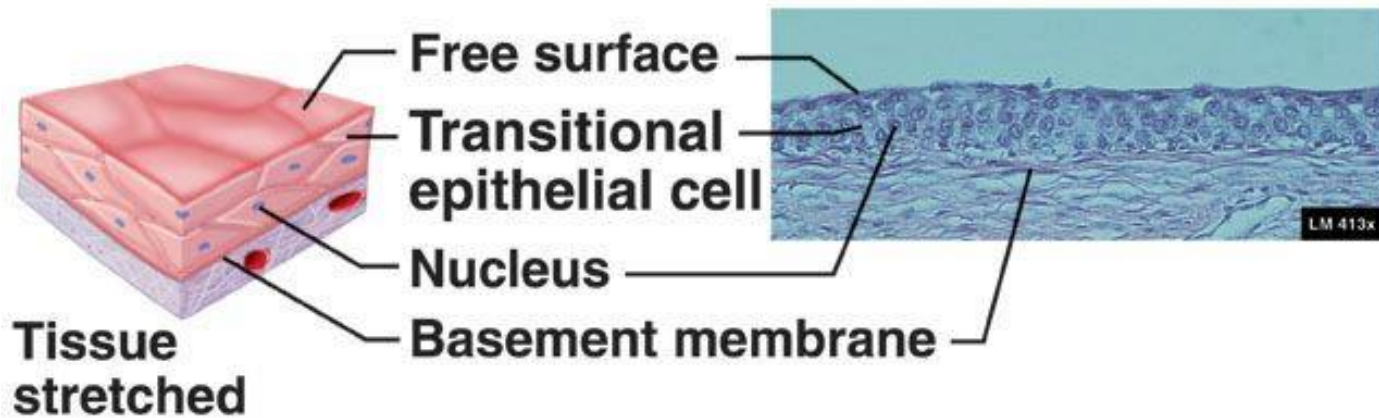


# Transitional epithelium

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**Tissue not stretched**



**(h) Transitional epithelium**